

Heartfelt

拍數: 36 牆數: 4 級數: Improver
編舞者: Tina Lincoln (UK)
音樂: Foolish Heart - The Mavericks



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- 1-2 Right toe step forward, put right heel down
3-4 Left toe step forward, put left heel down
5&6 Right shuffle forward
7-8 Left foot rock forward, rock back onto right foot
- 9&10 Left shuffle making ½ turn to left
11&12 Kick right foot forward, step onto ball of right foot, step onto left foot (right kick ball change)
13-14 Step right foot forward. Pivot ¼ turn left
15&16 Kick right foot forward, step onto ball of right foot, step onto left foot (right kick ball change)
- 17-18 Step right foot forward, pivot ¼ turn left
19-20 Cross step right foot over left, step left to left side
21&22 Step right foot to right side, step left beside right, step right foot to right (right side chasse)
23-24 Cross step left foot over right foot, step right foot to right side
- 25&26 Step left foot to left side, step right beside left, step left foot to left (left side chasse)
27-28 Touch right foot to right side, turn ½ turn right on left foot putting weight onto right foot
29-30 Touch left foot out to side, turn ¼ turn left on right foot putting weight onto left foot
31&32 Right shuffle forward
- 33-34 Left foot step forward, pivot ½ turn to the right
35&36 Left shuffle making ½ turn to the right

REPEAT
