

# Heartfelt

拍數: 36      牆數: 4      級數: Improver  
編舞者: Tina Lincoln (UK)  
音樂: Foolish Heart - The Mavericks



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- 1-2            Right toe step forward, put right heel down  
3-4            Left toe step forward, put left heel down  
5&6           Right shuffle forward  
7-8            Left foot rock forward, rock back onto right foot
- 9&10           Left shuffle making  $\frac{1}{2}$  turn to left  
11&12          Kick right foot forward, step onto ball of right foot, step onto left foot (right kick ball change)  
13-14          Step right foot forward. Pivot  $\frac{1}{4}$  turn left  
15&16          Kick right foot forward, step onto ball of right foot, step onto left foot (right kick ball change)
- 17-18          Step right foot forward, pivot  $\frac{1}{4}$  turn left  
19-20          Cross step right foot over left, step left to left side  
21&22          Step right foot to right side, step left beside right, step right foot to right (right side chasse)  
23-24          Cross step left foot over right foot, step right foot to right side
- 25&26          Step left foot to left side, step right beside left, step left foot to left (left side chasse)  
27-28          Touch right foot to right side, turn  $\frac{1}{2}$  turn right on left foot putting weight onto right foot  
29-30          Touch left foot out to side, turn  $\frac{1}{4}$  turn left on right foot putting weight onto left foot  
31&32          Right shuffle forward
- 33-34          Left foot step forward, pivot  $\frac{1}{2}$  turn to the right  
35&36          Left shuffle making  $\frac{1}{2}$  turn to the right

**REPEAT**

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