

Holy Roller

拍數: 48 牆數: 4 級數:
編舞者: D.J. Chrismo & The Jus' Gotta Country Dance Dancers
音樂: Claudette - Dwight Yoakam



TWO SHUFFLES FORWARD, *FOUR MARCHING STEPS BACK

1&2 Shuffle forward stepping right-left-right
3&4 Shuffle forward stepping left-right-left
5-8 Marching back stepping right, left, right, left

SYNCOPATED TOE SWITCHES FORWARD

9-10 Touch right toe to right side; hold
& Step right forward
11-12 Touch left toe to left side; hold
& Step left forward
13-16& Repeat steps 9-12&

THREE SAILOR STEPS BACK, TURN ¼ RIGHT, STEP TOGETHER

17 Cross-step left behind right with weight on ball of left
& Step right to right side with weight on ball of right
18 Step left back
19 Cross-step right behind left with weight on ball of right
& Step left to left side with weight on ball of left
20 Step right back
21&22 Repeat steps 17&18
23 Step right ¼ turn right
24 Step left next to right

GRAPEVINE RIGHT, STEP ¼ RIGHT, STEP FORWARD

25 Step right to right side
26 Cross-step left behind right
27 Step right to right side
28 Cross-step left in front of right
29 Step right to right side
30 Cross-step left behind right
31 Step right ¼ right
32 Step left forward

PIVOT ½ RIGHT, TURN ¼ RIGHT WITH SIDE STEP, GRAPEVINE LEFT

33 Pivot ½ turn right, transferring weight to right
34 Turn ¼ right, step left to left side
35 Cross-step right behind left
36 Step left to left side
37 Cross-step left in front of right
38 Step left to left side
39 Cross-step left behind right
40 Step left to left side

TWO RIGHT KICKS, COASTER STEP, TWO LEFT KICKS, COASTER STEP

41-42 Kick right forward twice
43 Step right back

&44 Step left next to right; step right forward
45-46 Kick left forward twice
47&48 Step left back
&48 Step right next to left; step left forward

REPEAT

Optional variation for steps 5-8:

RUNNING MAN BACK WITH HOLY ROLLER HAND WAVES

5 Step right back
& Scoot slightly forward on right while raising left knee
6 Step left back
& Scoot slightly forward on left while raising right knee
7&8& Repeat 5&6&
