Holy Karumba

拍數: 32

級數: Improver

編舞者: Rafel Corbí (ES) & Rosa Llenas

音樂: Holy Karumba - Danny Mack

SIDE, TOGETHER, CHASSE TO THE RIGHT, ROCK & RECOVER, SIDE, TOGETHER

- 1-2 Step to right side with right foot, left beside right
- 3&4 Step right to right side, left beside right, step right to right side
- 5-6 Rock back with left foot, recover weight to right foot
- 7-8 Step to left side with left foot, right beside left

CHASSE TO THE LEFT, ROCK & RECOVER, TWO SHUFFLES FORWARD

- 9&10 Step to left side with left foot, right beside left, step left to left side
- 11-12 Rock back with right foot, recover weight to left foot
- 13&14 Step forward with right, left beside right, step forward with right
- 15&16 Step forward with left, right beside left, step forward with left

TWO SHUFFLES BACK, CHASSE TO THE RIGHT, CHASSE TO THE LEFT (BOTH TURNING BODY TO SIDE)

- 17&18 Step back with right, left beside right, step back with right
- 19&20 Step back with left, right beside left, step back with left
- 21&22 Turning body to right direction, step right to right side, left beside right, step right to right side
- 23&24 Turning body to left direction, step to left side with left foot, right beside left, step left to left side

SHUFFLE FORWARD, ½ TURN PIVOT RIGHT, SHUFFLE FORWARD, ½ TURN PIVOT LEFT

- 25&26 Step forward with right, left beside right, step forward with right
- 27-28 Step forward with left foot, pivot ¹/₂ turn right
- 29&30 Step forward with left, right beside left, step forward with left
- 31-32 Step forward with right foot, pivot ½ turn left

GRAPEVINE RIGHT, GRAPEVINE LEFT (WITH OPTIONAL 1 ¼ TURN LEFT)

- 33-34 Step to right side with right foot, cross left behind right
- 35-36 Step to right with right foot, touch left beside right
- 37-38 Step to left with left foot, cross right behind left
- 39-40 Step to left side with left foot doing a ¼ turn left, touch right beside left

Steps 33-36 can be done with a turning vine, and steps 37-40 with a 1 ¼ turn left turning vine

SIDE TOUCH, CROSS, SIDE TOUCH, CROSS, SHUFFLE WITH ½ TURN LEFT, COASTER STEP

- 41-42 Touch right toe to right side, cross right foot over left
- 43-44 Touch left toe to left side, cross left foot over right
- 45&46 Step right forward doing a ¼ turn left, step left beside right, step left foot back doing a ¼ turn left (you have done a ½ turning shuffle)
- 47-48 Step left foot back, right foot beside left, step left foot forward

REPEAT





牆數:4