

Hollaback Girls

COPPER **NOB**
BY STEPHEN BRETZ

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Sobrielo Philip Gene (SG)
音樂: Hollaback Girl - Gwen Stefani



Sequence: AB, AAB, AAB, AAB, AAB

PART A

MAMBO STEP, HAND MOVEMENTS, STEP, KNEE POP

1&2 Rock right to right, recover weight onto left, step right beside left

Hand movements:

- 1&2 Punch right to right, bend right elbow doing a circle to the right, slap right hand on right leg
&3 Clap hands, open hands left diagonally left forward at same time as right diagonally back
&4 Clap hands, open hands right diagonally right forward at same time as left diagonally back
&5 Clap hands, touch right on left shoulders at the same time as left on right shoulders (hands should be crossed)
&6 Touch right on right shoulders at the same time as left on left, slap both hands on respective thighs
&7-8 Scuff right forward, step right to right, with feet apart pop right knee in

JUMP CROSS, OPEN, CROSS, UNWIND ½, HAND MOVEMENTS

- 1&2 Jump and cross feet (right in front of left), jump and spread feet apart, jump and cross feet (right in front of left)
3-4 Unwind ½ turn left (feet slightly apart), punch hands to side up at shoulder level
5&6 Do a left hand roll from fingers to left shoulders, push right elbows back punch right to right
7&8 Bend right elbow and do two circles to the right with right hand(7&), slap right hand on right leg

STEP TURN STEP ROCK BACK KICK (CLAP) STEP. (REPEAT ONCE MORE)

- 1&2 Step right forward, pivot ½ turn left transferring weight onto left making ½ turn left stepping right back
&3&4 Rock left back, recover weight onto right, kick left forward while clapping hands, step left beside right
5&6 Repeat steps 1&2
&7&8 Repeat steps &3&4

STOMP TWICE, TOUCHES, HEEL, STEP, STEP FORWARD (SNAP) (REPEAT ONCE MORE)

- 1&2 Stomp right beside left twice, (weight still on left) touch right to left
&3 Touch right beside left, right heel forward
&4 Step right beside left, step left forward and snap right fingers while looking to right
5&6 Repeat steps 1&2
&7 Repeat steps &3
&8 Repeat steps &4

PART B

¼ STEP, HIP ROLL, HIP BUMPS, TOUCHES

- 1-2 Making a ¼ turn right, step right forward, step left to left
3-4 Do one hip roll on 2 counts (counter to the right motion) (3-4)
5-6 Step right to right dipping down and coming up as you move, touch left to left while bumping hips to right
7-8 Step left to left dipping down and coming up as you move, touch right to right while bumping hips to left

The bumps are done in such a way that the hip moves in a 'U' shape from right to left and vice versa

