# Hollaback Girls



拍數: 0 牆數: 2 級數: Intermediate

編舞者: Sobrielo Philip Gene (SG) 音樂: Hollaback Girl - Gwen Stefani



Sequence: AB, AAB, AAB, AAB, AAB

### **PART A**

### MAMBO STEP, HAND MOVEMENTS, STEP, KNEE POP

1&2 Rock right to right, recover weight onto left, step right beside left

#### Hand movements:

Punch right to right, bend right elbow doing a circle to the right, slap right hand on right leg
Clap hands, open hands left diagonally left forward at same time as right diagonally back
Clap hands, open hands right diagonally right forward at same time as left diagonally back
Clap hands, touch right on left shoulders at the same time as left on right shoulders (hands should be crossed)

Touch right on right shoulders at the same time as left on left, slap both hands on respective

thighs

&7-8 Scuff right forward, step right to right, with feet apart pop right knee in

### JUMP CROSS, OPEN, CROSS, UNWIND 1/2, HAND MOVEMENTS

Jump and cross feet (right in front of left), jump and spread feet apart, jump and cross feet (right in front of left)

Unwind ½ turn left (feet slightly apart), punch hands to side up at shoulder level

Do a left hand roll from fingers to left shoulders, push right elbows back punch right to right

Bend right elbow and do two circles to the right with right hand(7&), slap right hand on right

# STEP TURN STEP ROCK BACK KICK (CLAP) STEP. (REPEAT ONCE MORE)

Step right forward, pivot ½ turn left transferring weight onto left making ½ turn left stepping right back

Rock left back, recover weight onto right, kick left forward while clapping hands, step left beside right

Repeat steps 1&2

Repeat steps &3&4

## STOMP TWICE, TOUCHES, HEEL, STEP, STEP FORWARD (SNAP) (REPEAT ONCE MORE)

Stomp right beside left twice, (weight still on left) touch right to left
Touch right beside left, right heel forward
Step right beside left, step left forward and snap right fingers while looking to right
Repeat steps 1&2
Repeat steps &3
Repeat steps &4

#### **PART B**

7-8

### 1/4 STEP, HIP ROLL, HIP BUMPS, TOUCHES

1-2	Making a ¼ turn right, step right forward, step left to left
3-4	Do one hip roll on 2 counts (counter to the right motion) (3-4)
5-6	Step right to right dipping down and coming up as you move, touch left to left while bumping
	hips to right

Step left to left dipping down and coming up as you move, touch right to right while bumping

hips to left

The bumps are done in such a way that the hip moves in a 'U' shape from right to left and vice versa