

# Hole In The Head

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Neville Fitzgerald (UK)  
音樂: Hole in the Head - Sugababes



## STEP, ROCK & HEEL & STEP, TURN ROCK, CROSS & HEEL

1-2&                      Step forward on left, rock back on right, step left next to right  
3&4                      Touch right heel forward, step right next to left, step forward left  
5-6                      Making  $\frac{1}{4}$  turn left rock right to right side, recover on left  
7&8                      Cross right over left, step left to left side, touch right heel forward

## & CROSS UNWIND $\frac{1}{2}$ , ROCK STEP, SIDE BEHIND & CROSS POINT

&1-2                      Step right next to left, cross left over right, unwind  $\frac{1}{2}$  turn right  
3-4                      Rock right behind left, recover on left  
5-6                      Step right to right side, step left behind right  
&7-8                      Step right to right side, cross left over right, point right to right side

## & POINT, TURN, ROCK STEP, $\frac{1}{2}$ , $\frac{1}{4}$ , BEHIND & CROSS

&1-2                      Step right next to left, point left to left side, keeping left pointed turn  $\frac{1}{4}$  left on ball of right  
3-4                      Rock back on left, recover on right  
5-6                      Make  $\frac{1}{2}$  turn right stepping back on left,  $\frac{1}{4}$  turn right stepping right to side  
7&8                      Step left behind right, step right to side, cross left over right

## SIDE ROCK, SAILOR $\frac{1}{4}$ , ROCK & FULL TURN

1-2                      Rock right to right side, recover on left  
3&4                      Step right behind left, make  $\frac{1}{4}$  turn right stepping left to side, step right next to left  
5-6                      Rock forward left, recover right  
7-8                      Make  $\frac{1}{2}$  turn left stepping forward left,  $\frac{1}{2}$  turn left stepping back right

Option: walk back left-right

## ROCK & SHUFFLE, TOE SWITCHES, PIVOT $\frac{1}{4}$ LEFT

1-2                      Rock back on left, recover right  
3&4                      Step forward left, step right next to left, step forward left  
5&6                      Touch right toe forward, step right next to left, touch left toe forward  
&7-8                      Step left next to right, step forward right, pivot  $\frac{1}{4}$  left

## CROSS, SIDE, BEHIND, ROCK & CROSS, $\frac{1}{4}$ , $\frac{1}{4}$ , STEP

1-2-3                      Cross right over left, step left to left side, step right behind left  
4&5                      Rock left to left side, recover on right, cross left over right  
6-7-8                      Make  $\frac{1}{4}$  turn left stepping back on right,  $\frac{1}{4}$  left stepping left to side, step forward right

## REPEAT

## TAG

End of wall 2

## ROCK & TRIPLE $\frac{1}{2}$ , STEP PIVOT $\frac{1}{2}$ , RIGHT SHUFFLE

1-2                      Rock forward left, recover right  
3&4                       $\frac{1}{2}$  Turn shuffle to left stepping left-right-left  
5-6                      Step forward right, pivot  $\frac{1}{2}$  to left  
7&8                      Step forward right, step left next to right, step forward right