

Hole In My Head

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Vivienne Scott (CAN)
音樂: Hole in My Head - The Chicks



RIGHT SHUFFLE, LEFT SHUFFLE, TWO RIGHT SIDE HITCHES

1&2 Right shuffle, (right, left, right)
3&4 Left shuffle, (left, right, left)
5&6 Hitch right knee in front of left, step right foot to right side, step left foot beside right
7&8 Hitch right knee in front of left, step right foot to right side, step left foot beside right

FOUR PUSH TURNS USING HIPS WITH CLAPS, TO LEFT, MAKING A 1 ½ TURN

9-10 Step right across left, diagonal to left, push off, clap
11-12 Step right across left, diagonal to left, push off, clap
13-14 Step right across left, diagonal to left, push off, clap
15-16 Step right across left, diagonal to left, push off, clap

RIGHT FORWARD SHIMMY, LEFT FORWARD SHIMMY, ROLLING GRAPEVINE TO RIGHT

17-18 Shimmy forward onto right foot, hands at waist high slightly out to side, palms down
19-20 Shimmy forward onto left foot, hands at waist high slightly out to side, palms down
21-24 Step right to right side, cross left over right with ½ turn to right, cross right over left with ½ turn to right, step left beside right

HEEL GRIND, ½ TURN, RIGHT SHUFFLE, KICK LEFT FOOT FORWARD, TO LEFT SIDE, UNWIND ¾ TURN TO LEFT

25-26 Rock forward on right heel, grinding heel
27&28 ½ Turn to right with right shuffle (right, left, right)
29 Kick left foot forward
30 Kick left foot to left side
31-32 Cross left foot behind right, unwind ¾ turn left, putting weight onto left

REPEAT
