Holding You



拍數: 48 牆數: 4 級數: Improver waltz

編舞者: Robbie McGowan Hickie (UK) 音樂: Holdin' You - Gretchen Wilson



STEP FORWARD, POINT, HOLD, FULL TURN RIGHT

Long step forward on left, point right toe out to right side, hold
 Turn a full turn right (on the spot) stepping right, left, right

Easier option

4-6 Basic waltz (slightly back) stepping right, left, right

LEFT TWINKLE, CROSS, SWEEP (OVER 2 COUNTS)

1-3 Cross step left over right, step right to right side, step left in place

4-6 Cross step right over left, sweep left out and around from back to front (over 2 counts)

WEAVE RIGHT, SIDE STEP RIGHT, SLIDE (OVER 2 COUNTS)

1-3 Cross step left over right, step right to right side, cross left behind right

4-6 Long step right to right side, slide left toe towards right foot (over 2 counts), (weight on right)

QUARTER TURN LEFT, POINT, HOLD, STEP FORWARD, STEP, PIVOT HALF TURN RIGHT

Turn ¼ turn left stepping forward on left, point right toe out to right side, hold
Long step forward on right, step forward on left, pivot ½ turn right, (facing 3:00)

STEP FORWARD, DRAG (OVER 2 COUNTS), FORWARD ROCK, STEP BACK

1-3 Long step forward on left, drag right toe towards left foot (over 2 counts)

4-6 Rock forward on right, rock back on left, step back on right

LEFT BASIC WALTZ STEP HALF TURN LEFT, RIGHT BASIC WALTZ STEP HALF TURN LEFT, (TRAVELING BACK)

1-3 Left basic waltz step turning ½ turn left stepping left, right, left

4-6 Right basic waltz step turning ½ turn left stepping right, left, right, (facing 3:00)

Counts 1-6 travel in a continuous backward direction, turning gradually with each step to complete a full turn

SLOW LEFT SAILOR STEP, BEHIND, SIDE, CROSS

Sweep left out and behind right, step right to right side, step left in place
Cross right behind left, step left to left side, cross step right over left

SIDE STEP LEFT, SLIDE (OVER 2 COUNTS), SIDE STEP RIGHT, SLIDE (OVER 2 COUNTS)

Long step left to left side, slide right toe towards left foot (over 2 counts), (weight on left)
 Long step right to right side, slide left towards right (over 2 counts), (weight on right)

REPEAT

ENDING

Music ends during wall 10. Dance to count 30 (forward rock, step back), then turn ½ turn left stepping forward on left to finish facing 12:00 wall