

# Holdin On For You

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 1      級數: Intermediate  
編舞者: Glynn Holt (UK) & Sue White (USA)  
音樂: Holding On for You - Liberty X



## LEFT HEEL JACK, RIGHT HEEL JACK, LEFT KICK BALL TOUCH, RIGHT KICK BALL TOUCH

1&2      Cross left heel over right foot, step back on right foot, dig left heel slightly forward  
3&4      Cross right heel over left foot, step back on left foot, dig right heel slightly forward  
5&6      Kick left foot forward, bring left in place next to right stepping right out to right side  
7&8      Kick right foot forward, bring right in place next to left stepping left out to left side

## LEFT SHUFFLE FORWARD, CROSS UNWIND ½ TURN, LEFT SAILOR STEP, CROSS STEP BEHIND MAKING ½ TURN

1&2      Shuffle forward on left right left,  
3&4      Cross right foot over left foot, unwind ½ turn over left shoulder  
5&6      Step left foot behind right, right foot to right side, left foot in place  
7-8      Cross right foot behind left making ½ turn right

## LEFT CHASSE, SAILOR STEP ¼ TURN RIGHT, ROCK FORWARD, BACK, LEFT COASTER STEP

1&2      Side shuffle to the left on left, right, left  
3&4      Step right foot behind right, make ¼ turn right stepping right foot forward  
5-6      Rock forward on left foot, recover weight onto right foot  
7&8      Step left foot back, right foot in place and left foot forward

## ROCK FORWARD, RECOVER, TRIPLE ¾ TURN, LEFT ROCK & CROSS, RIGHT ROCK & CROSS

1-2      Rock forward on right foot, recover weight onto left foot  
3&4      Triple ¾ turn left, stepping left, right, left  
5&6      Rock left to left side, weight on to right foot, and cross left over right  
7&8      Rock right to right side, weight onto left foot, and cross right over left

## REPEAT

## RESTART

During the dance you will need to restart the during the 4th wall just after the triple ¾ turn. Just start the dance again.

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