

Holdin' On

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Russell Stanion (UK) & Elaine Stanion
音樂: I'm Holdin' On to Love (To Save My Life) - Shania Twain



½ MONTEREY TURNS TWICE

- 1-4 Point right toe to right side, ½ turn right on left stepping right beside left, point left toe to left side, touch left beside right
5-8 Repeat steps 1-4

SIDE SHUFFLE, ROCK, SIDE SHUFFLE ROCK ¼ TURN

- 1&2 Step right to right side, close left beside right, step right to right side
3-4 Rock left back behind right, recover onto right
5&6 Step left to left side, close right beside left, step left to left side
7-8 Rock right back behind left, recover onto left making ¼ turn right

ROCK & CROSS SHUFFLES TWICE

- 1-2 Rock right foot to right side, recover on to left
3&4 Cross right over left, step left to left side, cross right over left
5-6 Rock left to left side, recover onto right
7&8 Cross left over right, step right to right side, cross left over right

STEP, ¼ TURN KICK, COASTER, ¼ TURN & TOUCHES

- 1-2 Step right to right side, pivot ¼ turn left kick left foot forward
3&4 Step left back, step right beside left, step forward on left
5-6 Step forward right, pivot ¼ turn left (weight on left)
7-8 Touch right toe forward, touch right toe to right side

BEHIND ¼ TURN, STEP PIVOT & SWITCHES WITH ¼ TURN

- 1&2 Step right behind left, step left to left side making ¼ turn left, step forward right
3-4 Step forward left, pivot ½ turn right (weight on right)
5&6& Left heel forward, step left beside right, right heel forward, step right beside left
7&8 Step left heel forward, step left beside right, touch right toe beside left

While doing switches, make ¼ turn left

STEP TOUCHES, SHUFFLE ¼ TURN TWICE

- 1-2 Step right to right side, touch left beside right
3&4 Step left to left side, close right beside left, step left to left side making ¼ turn left
5-8 Repeat steps 1-4

REPEAT

Music stops during song for 8 counts. Just continue with the dance.