

Holdin' On

COPPERKNOB
STEPPERS

拍數: 66 牆數: 4 級數:
編舞者: Lisa Thunstrom (AUS)
音樂: Unknown



- 1&2 Right kick-ball-change
3-4 Stomp right forward, clap
5-6 Stomp left on spot turning $\frac{1}{4}$ to the left, clap
7-8 Stomp right together, clap
- 9&10 Step right to side, step left together, step right to side
&11-12 Step left together, step right to side, hinge $\frac{1}{2}$ to the left on ball off right stepping left to side
13-14 Recover onto right, rock left behind right
15-16 Recover onto right, step left to side
- 17-18 Bump hips left, right
19-20 Bump hips left, right
21&22 Left sailor step crossing left behind right, step right next left, step left back to center
23-24 Step right across left, pivot $\frac{3}{4}$ to the left
- 25&26 Shuffle forward right, left, right
27&28 Shuffle forward left, right, left
29-30 Right Monterey turn touching right toe to side, pivot $\frac{1}{2}$ to the right on ball of left dragging right together
31-32 Touch left toe to side, step left together
- 33-34 Step forward diagonally right on right, bring left together & clap
35-36 Step back diagonally left on left, bring right together and clap
37-38 Turning $\frac{1}{4}$ to the right step forward diagonally right on right, step left together & clap
39-40 Step back diagonally left on left, step right together & clap
- 41&42 Right kick-ball-change
43&44 Right kick-ball-change
&45 Left heel-jack jumping back on right diagonally right, place left heel forward diagonally left
&46 Jump forward on left, step right together
47-48 Step left toe to side, bring heel down
- 49-50 Step right toe together, bring heel down
51-52 Step left toe to side, bring heel down
53-54 Step right toe on spot, bring heel down
55-56 Step left toe together, bring heel down
- 57-58 Stomp right next to left, stomp left next to right
59-60 Jump feet apart, jump right across left & left behind right
61-62 Unwind $\frac{1}{2}$ to the left, jump forward slightly landing on both feet but taking weight on left
63-64 Kick right diagonally across in front of left, hinge knee up (or double kick)
- &65-66 Stomp back slightly on right, stomp left slightly forward, hold

REPEAT

There is a break in the song at count 57. At that point stomp right on the spot & then hold until the music

restarts & continue dance with jump apart & across leaving out second stomp
