

Hold You Now

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Michael Vera-Lobos (AUS)
音樂: Hold You Now - Ronan Keating



ROCK FORWARD, ROCK BACK, BALL STEP, ½ PIVOT, STEP FORWARD, ½, ¼, FULL TURN LEFT

- 1-2&3-4 Rock forward right, rock back left, stepping right beside left step forward on left, pivot ½ right (6:00)
- 5&6 Step forward left & turn ½ left stepping onto right, turn a further ¼ left stepping left to left side
- 7-8 Cross step right over left commencing full turn over left raising left, complete turn by stepping left to left side (9:00)

CROSS ROCK, REPLACE, BALL CROSS, SIDE, BEHIND & CROSS ROCK, REPLACE, BALL CROSS, SIDE BEHIND

- 1-2&3&4& Cross rock right over left, rock back on left, stepping right to right cross left over right, stepping right to right cross left behind right, step right to right
- 5-6&7&8 Cross rock left over right, rock back on right, stepping left to left cross right over left, stepping left to left cross right behind left (9:00)

SIDE ROCK CROSS, SIDE ROCK CROSS, COASTER BACK, STEP FORWARD, ½ PIVOT

- 1&2-3&4 Travel forward - rock left to left & rock weight center right, cross left over right, rock right to right & rock weight center left, cross right over left
- 5&6-7-8 Step back left & step right beside left, step forward left, step forward right, pivot ½ left (3:00) (end weight left)

ROCK FORWARD, ROCK BACK, ¼, TOGETHER, ¼, ROCK FORWARD, ROCK BACK, ¼, TOGETHER, ¼

- 1-2-3&4 Rock forward right, rock back on left, turn ¼ right stepping onto right & step left beside right, turn ¼ right stepping right (9:00)
- 5-6-7&8 Rock forward left, rock back on right, turn ¼ left stepping onto left & step right beside left, turn ¼ left stepping left (3:00)

ROCK FORWARD, ROCK BACK, ¼ CROSS, ¼, ½, ROCK FORWARD, ROCK BACK, ¼ CROSS, SIDE, ½

- 1-2&3&4 Rock forward right, rock back left, turning ¼ right step on right crossing left over right, turn ¼ left stepping right to right, turn a further ½ left stepping onto left (9:00)
- 5-6&7&8 Rock forward right, rock back left, turning ¼ right step on right crossing left over right, stepping right to right side hinge ½ left ending with left to left side (6:00)

CROSS ROCK, REPLACE, FULL TRIPLE RIGHT, CROSS ROCK, REPLACE, FULL TRIPLE LEFT

- 1-2-3&4 Cross rock right over left, rock back on left, travel right turning a full turn right stepping right, left, right (6:00)
- 5-6-7&8 Cross rock left over right, rock back on right, travel left turning a full turn left stepping left, right, left (6:00)

SHUFFLE FORWARD, STEP FORWARD, ¼, CROSS, STEP SIDE, ½, CROSS, SIDE ROCK, REPLACE

- 1&2-3&4 Shuffle forward right stepping right, left, right, step forward left & pivot ¼ right crossing left over right (9:00)
- 5&6-7-8 Step right to right & turn ½ left stepping left to left, cross right over left, rock left to left side, rock weight center right (3:00)

SAILOR LEFT, SAILOR ¼ RIGHT, SHUFFLE FORWARD, FULL TURN FORWARD

- 1&2-3&4 Cross left behind right & rock right to right, rock weight center left, cross right behind left & stepping on left turn ¼ right, step forward right

5&6-7-8 Shuffle forward left stepping left, right, left (6:00), travel forward turn a full over left stepping right then left

REPEAT

FINISH

When music is fading replace counts 63, 64 with a step forward right, ½ pivot left to the front
