

# Hold On To Your Hiney

**COPPER** KNOB  
BY SHEETS

拍數: 0                      牆數: 4                      級數: Intermediate/Advanced  
編舞者: Cindi Talbot (CAN)  
音樂: Hold On to Your Hiney - Wild Cherry



Sequence: AB AB AAB A to the end

## PART A

### WALK, LOOK, WALK, LOOK/ SHUFFLE FORWARD, PIVOT ½ TURN

1-2                      Step forward right, step forward left looking to the right  
3-4                      Step forward right, step forward left looking to the right  
5&6                      Shuffle forward right-left-right  
7-8                      Step forward left, pivot ½ turn right putting weight on right

### WALK, LOOK, WALK, LOOK/ SHUFFLE FORWARD, PIVOT ½ TURN

9-10                      Step forward left, step forward right looking to the left  
11-12                      Step forward left, step forward right looking to the left  
13&14                      Shuffle forward left-right-left  
15-16                      Step forward right, pivot ½ turn left putting weight on left

### ROCK FORWARD & BACK & SHUFFLE FORWARD (REPEAT ON LEFT)

17&                      Rock right foot forward, replace weight on left  
18&                      Rock back on right, replace weight on left  
19&20                      Shuffle forward right-left-right  
21&                      Rock left foot forward, replace weight on right  
22&                      Rock left foot back, replace weight on right  
23&24                      Shuffle forward left-right-left

### BIG STEP ¼ TURN/ SHAKE YOUR HIPS/ BIG STEP ½ TURN/ SHAKE YOUR HIPS

25-26                      Take big step forward with right making ¼ turn left, slide left foot next to right  
27&                      Put hands on hips and push hips left putting weight on left, push hips right changing weight  
28&                      Push hips left, push hips right taking weight on right  
29-30                      Take big step to left side with left pivoting ½ turn on ball of left foot swinging right foot around to touch beside left  
31&                      Put hands on hips and push hips right putting weight on right, push hips left  
32&                      Push hips right, push hips left putting weight on left

## PART B

### REACH & PULL/ REACH & PULL/ SCUFF HITCH TURN/ HIP SHAKE

1                      Reach forward with both hands at waist level while stepping forward with right  
&2                      Step left forward but slightly behind right, step right forward while pulling hands back to side of body  
3                      Reach forward with both hands  
&4                      Step left forward but slightly behind right, step right forward while pulling hands back to sides of body  
5&                      Scuff left foot beside right, hitch left knee making ¼ turn right  
6                      Step down on left  
7&                      Put hands on back of hips fingers pointing down pushing hips right then left  
8&                      Push hips right then left

### STEP ½ TURN/ STEP ½ TURN / SHUFFLE FORWARD / STEP ½ TURN

9-10                      Step forward on right, pivot ½ turn left, putting weight on left

11-12 Step forward on right, pivot ½ turn left, putting weight on left  
13&14 Shuffle forward right-left-right  
15-16 Step forward on left pivot ½ turn right putting weight on right

**REACH & PULL/ REACH & PULL/ SCUFF HITCH TURN/ HIP SHAKE**

17-24 Repeat 1-16 on opposite side

**STOMP HOLD (2X)/STEP ½ TURN/ STEP ½ TURN/ SHUFFLE FORWARD/ STEP ½ TURN**

25-26 Step forward on left, hold  
27-28 Step forward on right, hold  
29-30 Step forward on left, pivot ½ turn right  
31-32 Step forward on left, pivot ½ turn right  
33-34 Shuffle forward left-right-left  
35-36 Step forward on right, pivot ½ turn left putting weight on left

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