

Hold On Tight!

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Sherry Heier (USA)
音樂: Play It Loud - Chris Cagle



RIGHT KICK, CROSS, TOUCH; LEFT KICK, CROSS TOUCH; CROSS, UNWIND; HIP BUMPS

1&2 Kick right foot forward, cross right over left, touch left out to left side
3&4 Kick left foot forward, cross left over right, touch right out to right side
5-6 Cross right over left; unwind ½ turn to left
7&8 Bump hips, left, right, left

RIGHT VINE; LEFT SAILOR STEP; RIGHT SAILOR STEP WITH ¼ TURN TO RIGHT

1-2 Step right to right side; cross left behind right
3-4 Step right to right side; touch left next to right
5&6 Left sailor step
7&8 Right sailor step turning ¼ turn to right

LEFT SHUFFLE FORWARD; RIGHT ½ TURN; RIGHT ½ TURN SHUFFLE, LEFT ½ TURN SHUFFLE

1&2 Left shuffle forward
3-4 Step forward on right; pivot ½ turn to left
5&6 Right ½ turn shuffle (turning to left)
7&8 Left ½ turn shuffle (turning to left)

RIGHT ROCK STEP; STEP BACK & CLAP; RIGHT BODY ROLL; LEFT BODY ROLL

1-2 Rock forward on right; recover weight back onto left
&3-4 Step back right; step left next to right (shoulder width apart); clap
5-6 Right side body roll
7-8 Left side body roll

REPEAT
