

Hold On

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Lisa Ferguson (UK)
音樂: Hold On to Our Love - James Fox



STEP LEFT DIAGONAL, KICK RIGHT, HOLD, STEP BACK ON RIGHT DIAGONAL, TOUCH LEFT, HOLD

1-3 Step left forward on left diagonal, kick right foot forward, hold
4-6 Step right back on right diagonal, touch left beside right, hold

STEP LEFT DIAGONAL, KICK RIGHT, SWING RIGHT ¼ TURN LEFT MAKING ¼ TURN LEFT ON LEFT, CROSS, SIDE, BEHIND

1-3 Step left forward on left diagonal, kick right foot forward, swing right foot round making ¼ turn left on left
4-6 Cross right over left, step left to left side, cross right behind left

STEP LEFT TO LEFT, DRAG RIGHT, FULL TURN TO RIGHT SIDE

1-3 Step left to left side, drag right beside left over two counts
4-6 Make full turn to right side stepping right, left, right

CROSS LEFT, POINT RIGHT, HOLD, CROSS RIGHT, POINT LEFT, HOLD

1-3 Cross left over right, point right, hold
4-6 Cross right over left, point left, hold

LEFT TWINKLE WITH ¼ TURN RIGHT, SLOW SAILOR STEP

1-3 Cross left over right, step right ¼ turn left, step left to left side
4-6 Cross right behind left, step left side, step right to right side

LEFT TWINKLE, RIGHT TWINKLE

1-3 Cross left over right, step right to right side, step left to left side
4-6 Cross right over left, step left to left side, step right to right side

CROSS, SIDE, BEHIND, ¼ TURN RIGHT, ½ TURN RIGHT, STEP FORWARD RIGHT

1-3 Cross left over right, step right to right side, cross left behind right
4-6 Step right ¼ turn right, make ½ turn right stepping forward left, step forward on right

½ TURN LEFT, STEP FORWARD RIGHT, LEFT, BASIC WALTZ STEP BACK

1-3 Make ½ turn left stepping forward left, step right beside left, step left beside right
4-6 Step back on right, step left beside right, step forward right

REPEAT
