Hold On

級數: Intermediate



拍數: 32

牆數: 2

編舞者: Ernie (Hutch) Hutchinson (USA)

音樂: A Matter Of Time - Jason Sellers

Thanks to Barbara Lincoln and Linda Gross for bringing this song to my attention as a song they would like to dance to and suggesting I do something to it.

RIGHT SIDE SHUFFLE, CROSS LEFT, BACK RIGHT - LEFT SIDE SHUFFLE, CROSS RIGHT, BACK LEFT

- 1&2 Step right to right side; step left next to right; step right to right side (right-left-right)
- 3-4 Step forward on left at an angle (2:00); return weight to right
- 5&6 Step left to left side; step right next to left; step left to left side (left-right-left)
- 7-8 Step forward on right at an angle (10:00); return weight to left

SIDE RIGHT, LEFT BEHIND, SHUFFLING ¼ TURN LEFT - SHUFFLING ¼ TURN LEFT, CROSS RIGHT, SIDE LEFT

- 1-2 Step right to right side; cross left behind right
- 3&4 Step right to right side into ¼ turn left; step left next to right; step back on right (right-left-right)
- 5&6 Step left back into ¼ turn left; step right next to left; step left to left side (left-right-left)
- 7-8 Cross right over left; step left to left side

SIDE RIGHT, TOGETHER LEFT, SHUFFLING $\mspace{1}{4}$ TURN RIGHT - SHUFFLING $\mspace{1}{2}$ TURN LEFT, FORWARD RIGHT, $\mspace{1}{4}$ LEFT

- 1-2 Step right to right side; step left next to right
- &3&4 Turn ¼ right on left; shuffle forward right-left-right
- &5&6 Turn ½ left on right; shuffle forward left-right-left
- 7-8 Step forward on right into ¼ turn left; step down on left

SHUFFLING ½ TURN LEFT; ROCK BACK LEFT, FORWARD RIGHT - SHUFFLING ½ TURN RIGHT; ½ RIGHT, FORWARD LEFT

- 1&2 Step forward on right into ¼ turn left; step left next to right; step right to right side into ¼ turn left
- 3-4 Rock back on left; return weight to right
- 5&6 Step forward on left into ¼ turn right; step right next to left; step left to left side into ¼ turn right
- 7-8 Step back on right into ½ turn right; step forward on left

REPEAT