

Hold It Against Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Bob Sykes (AUS)
音樂: If I Said You Had a Beautiful Body - The Bellamy Brothers



ROCK, RETURN, COASTER STEP, ROCK RETURN, COASTER STEP

1-2 Step forward on right, rock back on left
3&4 Coaster step (step right back, step left back, step right forward)
5-6 Step forward on left, rock back on right
7&8 Coaster step (step left back, step right back, step left forward)

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD

1&2 Shuffle forward right, left, right
3&4 Shuffle forward, left, right, left

More experienced dancers may like to turn full turn left as the forward shuffles are done

STEP, ¼ PIVOT LEFT, CHA-CHA-CHA

1-2 Step forward on right, pivot ¼ turn left
3&4 Cha-cha on the spot, right, left, right

STEP, ½ PIVOT RIGHT, CHA-CHA-CHA FOR ¼ TURN RIGHT

1-2 Step forward on left, pivot ½ turn right
3&4 Cha-cha-cha on the spot while turning a further ¼ turn right

4 STEPS FORWARD, WAVING HAT WITH RIGHT HAND

Remove hat

1-2-3-4 Walk forward, right, left, right, left & wave hat right, left, right as you walk

Replace hat on the last step

SAILOR SHUFFLES

1&2 Right sailor shuffle (right behind left, left to left side, right to right side)
3&4 Left sailor shuffle (left behind right, right to right side, left to left side)

BOX STEP WITH ¼ TURN RIGHT

1-2 Step right across in front of left, step left in place
3-4 Turning ¼ turn right, step right forward, step left next to right

REPEAT