

Hoist 'em Up

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Tony Wilson (USA) & Lana Harvey (USA)
音樂: Leaving Of Liverpool - The Showband Show



SAILOR STEPS, ½ PIVOTS

1&2 Step right behind left, step left to left side, step right next to left
3&4 Step left behind right, step right to right side, step left next to right
5-6 Step right forward, pivot ½ left on ball of left weight ending on left
7-8 Step right forward, pivot ½ left on ball of left weight ending on left

STOMP, CLAP, STOMP, CLAP, HEEL, TOE, SHUFFLE FORWARD

1-2 Stomp right forward, hold and clap
3-4 Stomp left forward, hold and clap
5-6 Touch right heel forward, touch right toe back
7-8 Shuffle forward right-left-right

¼ PIVOT, CROSS SHUFFLE, ¼ TURN LEFT, FORWARD LOCK STEP

1-2 Step forward on left, pivot ¼ right on ball of right weight ending on right
3&4 Cross step left over right, step right slightly to right, cross step left over right
5 Pivoting ¼ left on ball of left, step right back
6 Rock back on left (you are now facing wall 1 with body angled left)
7&8 Step right forward, lock left behind right, step right forward

HEEL, TOE ½ TURN LEFT, SHUFFLE FORWARD, STOMP, CLAP, STOMP, CLAP

1-2 Touch left heel forward, touch left toe back
& Pivot ½ left on ball of right
3&4 Shuffle forward left-right-left
5-6 Stomp right forward, hold and clap
7-8 Stomp left forward, hold and clap

REPEAT
