

Hitch

拍數: 48 牆數: 4 級數:
編舞者: Unknown
音樂: Let the Heartache Ride - Restless Heart



HEEL, CROSS, POLKA

- 1 Touch the right heel forward
- 2 Cross the right leg in front of the left shin
- 3-4 Polka forward right-left-right
- 5 Touch the left heel forward
- 6 Cross the left leg in front of the right shin
- 7-8 Polka forward left-right-left

PIVOT, WALK THREE, TOUCH AND CLAP

- 9 Step with the right
- 10 Pivot ½ turn left
- 11 Walk forward right
- 12 Walk forward left
- 13 Walk forward right
- 14 Touch left next to right with a clap

WALK THREE, TOUCH AND CLAP

- 15 Walk forward left
- 16 Walk forward right
- 17 Walk forward left
- 18 Touch right next to left with a clap

SIDE STEP AND HIP BUMPS

- 19 Step to right with right and bump hips right
- 20 Bump hips right
- 21 Bump hips left
- 22 Bump hips left
- 23 Bump hips right
- 24 Bump hips left
- 25 Bump hips right
- 26 Bump hips left

8 COUNT RIGHT GRAPEVINE

- 27 Right step to right
- 28 Cross left behind
- 29 Right step right
- 30 Cross left in front
- 31 Right step right
- 32 Cross left behind
- 33 Right step right
- 34 Touch left at right foot

8 COUNT LEFT GRAPEVINE

- 35 Left step to left
- 36 Cross right behind
- 37 Left step to left

- 38 Cross right in front
- 39 Left step to left
- 40 Cross right behind
- 41 Left step to left
- 42 Touch right at left foot

STEP, TURN ¼

- 43 Step forward with right
- 44 Turn ¼ left with left next to right

JAZZ BOX

- 45 Cross right foot in front of the left foot
- 46 Step back on left
- 47 Step on right
- 48 Step together with left

REPEAT
