

Hit The Road

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Shelli Blake (USA)
音樂: Betty's Bein' Bad - Sawyer Brown



RIGHT TOE, HEEL, HITCH, STEP; LEFT TOE, HEEL, HITCH STEP

- 1-2 Step right toe next to left foot, right heel facing out, step right heel in front of left foot at 12:00
- 3-4 Hitch right heel up to left knee, step right foot down in front of left foot
- 5-6 Step left toe next to right foot, left heel facing out, step left heel in front of right foot at 12:00
- 7-8 Hitch left heel up to right knee, step left foot down in front of right foot

RIGHT SCUFF STEP, LEFT SCUFF STEP, ROCK FORWARD RIGHT, STEP TOGETHER, HOLD

- 1-2 Scuff right foot forward, step forward on right
- 3-4 Scuff left foot forward, step forward on left
- 5-6 Rock forward on right, return
- 7-8 Step right foot next to left, hold

LEFT TOE, HEEL, HITCH, STEP; RIGHT TOE, HEEL, HITCH, STEP

- 1-2 Step left toe next to right foot, left heel facing out, step left heel in front of right foot at 12:00
- 3-4 Hitch left heel up to right knee, step left foot down in front of right foot
- 5-6 Step right toe next to left foot, right heel facing out, step right heel in front of left foot at 12:00
- 7-8 Hitch right heel up to left knee, step right foot down in front of left foot

LEFT SCUFF STEP, RIGHT SCUFF STEP, STEP, PIVOT ½ TURN, STEP LEFT TOGETHER RIGHT, HOLD

- 1-2 Scuff left foot forward, step forward on left
- 3-4 Scuff right foot forward, step forward on right
- 5-6 Step forward on left foot, pivot ½ turn right
- 7-8 Step left foot next to right, hold

GRAPEVINE RIGHT, SCUFF LEFT, GRAPEVINE LEFT, SCUFF RIGHT

- 1-4 Step right foot to right side, step left behind right, step right foot to right side, (moving forward slightly at an angle), scuff left foot forward
- 5-8 Step left foot to left side, step right behind left, step left foot to left side, (moving forward slightly at an angle), scuff right foot forward

STEP ¼ TURN RIGHT, CLAP, STEP 1/8 TURN RIGHT, CLAP, STEP 1/8 TURN RIGHT, CLAP, STEP ¼ TURN RIGHT & CLAP

- 1-2 Step into ¼ turn right with right foot, clap
- 3-4 Step into 1/8 turn right with left foot, clap
- 5-6 Step into 1/8 turn right with right foot, clap
- 7-8 Step into ¼ turn right, clap

SIDE ROCK & RETURN RIGHT, STEP FORWARD, HOLD, SIDE ROCK & RETURN LEFT, TOGETHER, HOLD

- 1-2 Rock right foot to right side, return
- 3-4 Step forward on right foot, hold
- 5-6 Rock left foot to left side, return
- 7-8 Step left foot next to right, hold

SWIVEL HEELS-TOES-HEELS, HOLD RIGHT& LEFT

- 1-4 Swivel heels to right side, swivel toes to right side, swivel heels to right side, hold

5-8

Swivel heels to left side, swivel toes to left side, swivel heels center, hold

REPEAT
