

Hit The Road

COPPER KNOB
BY STEPHEN HETS

拍數: 0 牆數: 1 級數: Improver
編舞者: DerRangers (SG)
音樂: Hit the Road Jack - Buster Poindexter



Sequence: AB AB& AC AA

PART A

WALK FORWARD, KICK LEFT, WALK BACK, POINT RIGHT TO SIDE

1-8 Walk forward (right-left-right) kick left, walk back (left-right-left) point right to side

CROSS RIGHT BEHIND LEFT, POINT LEFT TO SIDE, CROSS LEFT OVER RIGHT, POINT LEFT, JAZZ BOX ¼ RIGHT

1-4 Cross step right behind left, point left to side, cross step left over right, point right to side

5-8 Cross right over left, recover on left, turn ¼ right step right, step left besides right

17-32 Repeat 1-16

RIGHT HEEL, TOE, POINT SIDE, FLICK, STEP RIGHT TO SIDE, CROSS LEFT OVER RIGHT, STEP RIGHT TO SIDE CROSS LEFT OVER RIGHT

1-4 Right heel in front, point right toe back, point right toe to side & flick right behind left

5-8 Step right to side, cross left over right, step right to side, cross left over right

ROCK RIGHT TO SIDE, RECOVER, CROSS LEFT, STEP LEFT, ROCK RIGHT BACK, RECOVER LEFT, FORWARD PIVOT ¼

1-4 Rock right to side, recover on left, cross right over left, step left to side, rock right back, recover on left, step right forward and pivot ¼ left

49-64 Repeat 33-48

PART B

1-8 (Slow Charleston) point right forward, hold, step right in place hold, point left to back, hold, step left in place, hold

9-16 Point right to side, hold, cross right over left, hold, point left to side hold, cross left over right hold

17-24 Right toe strut, left cross strut over right, right toe strut, left touch next to right and kick forward (10:00)

25-32 Left toe strut, right cross strut over left, left toe strut, right touch next to left and kick forward (2:00)

PART B&

1-8 (Slow Charleston) point right forward hold, step right in place, hold, point left back hold step left in place hold

9-16 Point right to side, hold, cross right over left, hold, point left to side, hold, cross left over right hold

17-24 (Slow Charleston) point right forward hold, step right in place, hold, point left back hold step left forward hold

25-32 Side rock right, recover on left, cross right over left, hold & clap, side rock left, recover on right, cross left over right, hold & clap

33-40 Right toe strut, left cross strut, right toe strut, touch left next to right and kick forward diagonally (10:00)

41-48 Left toe strut, right cross strut, left toe strut, touch right next to left and kick forward diagonally (2:00)

PART C

- 1-8 Right toe strut on the spot, left toe strut on the spot (repeat sequence twice)
- 9-16 Jazz box with $\frac{1}{4}$ right, repeat action
- 17-24 Right heel forward, toe back, heel forward, hook right over left, heel flick right to side, right heel forward, step right in place
- 25-32 Repeat 17-24 with left foot
- 33-40 Right toe strut on spot, right heel with $\frac{1}{4}$ left, repeat
- 41-48 Monterey $\frac{1}{4}$ right, repeat action
- 49-56 Step right diagonally forward, point left next to right & clap, step left diagonally left back point right next to left and clap, step right diagonally back to right, point left and clap, step left diagonally forward to left, point right besides left and clap
- 57-64 Paddle $\frac{1}{8}$ 4 times to return to front wall

This dance is dedicated to all DerRangers Club members (Special thanks to Alice and the committee eg Chua, Roger, Alex, Chris, Yan, Yong & Florence) as we 'hit the road' for our performances & weekly jams
