

Hit Me Up

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Terri Alexander (USA)
音樂: Hit Me Up - Gia Farrell



ROCK FORWARD, RECOVER, FULL TURN, BACK ROCK STEP, KICK BALL CROSS, UNWIND $\frac{3}{4}$

1-2 Rock right forward, recover weight to left
3-4 Turn right $\frac{1}{2}$ stepping right forward, turn right $\frac{1}{2}$ stepping left back
5&6 Rock back on right, recover weight to left, kick right diagonally forward right
&7-8 Step on ball of right beside left, cross left over right, unwind $\frac{3}{4}$ turn to right (9:00)

RIGHT STEP LOCK STEP FORWARD, ROCK FORWARD, RECOVER, $\frac{1}{2}$ TURN, STEP, $\frac{3}{4}$ SAILOR

1&2 Step right forward, lock left behind right, step right forward
3-4 Rock left forward, recover weight to right
5-6 Turn left $\frac{1}{2}$ stepping left forward, step right forward
7&8 $\frac{3}{4}$ sailor turning left - step left behind right turning $\frac{1}{4}$, step right to right turning $\frac{1}{4}$, turn $\frac{1}{4}$ stepping left forward (6:00)

STEP RIGHT, STEP LEFT BEHIND RIGHT, BALL CROSS, BALL CROSS, POINT HITCH POINT, SAILOR $\frac{1}{2}$ TURN

1-2 Step right to right, step left behind right
&3&4 Step on ball of right beside left, cross step left over right, step on ball of right, cross step left over right
5&6 Point right to right side, hitch right, point right to right side
7&8 Sailor turning $\frac{1}{2}$ to right (12:00)

STEP LEFT, BRUSH HITCH TURN, ROCK, RECOVER, WALK RIGHT, LEFT, PIVOT $\frac{3}{4}$, LEFT COASTER

1&2 Step left diagonally forward, brush right forward into hitch, turn $\frac{1}{4}$ to right (3:00)
3&4 Rock right back, recover weight to left, step right forward
5-6 Step left forward, pivot $\frac{3}{4}$ turn right stepping weight to right (12:00)
7&8 Left coaster - step left back, step right beside left, step left forward

VAUDEVILLE(CROSS BALL HEEL BALL CROSS BALL HEEL), STEP IN, TOUCH, STEP BACK, TOUCH, BUMPS

1&2 Cross step right over left, step diagonally back on left, touch right heel diagonally forward right
&3&4 Step on ball of right beside left, cross step left over right, step diagonally back on right, touch left heel diagonally forward left
&5&6 Step left to center, touch right beside left, step right diagonally back right, touch left diagonally forward
7&8 Bump hips forward, back, forward (weight ends forward on left) (10:30)

WEIGHT BACK (HEAD TURN), STEP FORWARD, TURN $\frac{1}{2}$, LEFT COASTER, $\frac{1}{8}$ TURN, $\frac{1}{2}$ HINGE, SLIDE

1-2 Still on diagonal direction: shift weight back to right (look over right shoulder), step forward left (10:30)
3 Turn $\frac{1}{2}$ turn stepping right back (facing 4:30)
4&5 Left coaster- step left back, step right beside left, step left forward
6-7 Turn $\frac{1}{8}$ left stepping right to right side (straightening to the 3:00 wall), hinge turn $\frac{1}{2}$ left stepping left to left side
8 Slide left foot beside right (9:00)

REPEAT

