

# Hit Me Up

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver hip hop  
編舞者: Kerly Luige (EST)  
音樂: Hit Me Up (Radio Edit) - Gia Farrell



When the lyrics start, wait 16 counts and then start dancing

## SIDE-ROCK ¼ TO LEFT-TOGETHER, SIDE-ROCK-TOGETHER, 2X STEP-KICK-BACK-TOGETHER

1&2      Rock right to right side facing ¼ to left, recover weight on left facing the front wall again, step together with right  
3&4      Rock left to left side, recover weight on right, step together with left  
5&6&      Step right forward, kick left forward, step left back, step together with right  
7&8&      Step left forward, kick right forward, step right back, step together with left

## CHARLESTON-STEP, SIDE-ROCK-BOX-STEP ¼ TO RIGHT WITH CHEST PRESS

1-2      Step right forward, touch left forward  
3-4      Step left back, touch right back  
5&      Rock right to right side, recover weight on left foot  
6&      Step right across left, step left back making ¼ turn to right  
7&8      Step right to right side, press your chest forth and shoulders back twice

## STEP-LOCK-STEP-LOCK-STEP-LOCK-STEP-LOCK, 2X BODY-ROLL WITH CLAP

1&2&      Step right forward, lock left behind right, step right forward, lock left behind right  
3&4&      Step right forward, lock left behind right, step right forward, lock left behind right

**During the step-locks keep your knees slightly bent**

5&6      Lean upper body to right side bending right knee, recover to upright & clap  
7&8      Lean upper body to left side bending left knee, recover to up left & clap

## CROSS-TOUCH-BEHIND-TOUCH, CROSS-SHUFFLE-STEP, PIVOT-TURN ½, 2X KICK & STEP

1&      Step right across left, touch left to left side  
2&      Step left behind right, touch right to right side  
3&4&      Step right across left, step left to left side, step right across left, step left to left side  
5-6      Step right forward, make a ½ turn to left  
7&      Kick right forward, step right forward  
8&      Kick left forward, step left forward

**REPEAT**

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