

Hip Whip

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ron Kline (USA)
音樂: Dancin', Shaggin' On the Boulevard - Alabama



STEP TOUCHES, SHUFFLE, STEP, HOOK

Angle body slightly right for first six counts

- 1 Step left foot forward on left diagonal
- 2 Touch right toe next to left foot
- 3 Step right foot backward on right diagonal
- 4 Touch left toe next to right foot
- 5&6 Shuffle forward on left diagonal (left, right, left.)
- 7 Take large step forward with right foot on right diagonal
- 8 Hook left foot behind right knee

SIDE STEP, HOLDS, TURN, KICK BALL STEP, STEP, SIDE ROCK

- 9 Step left foot wide to left side
- 10 Hold (on slower songs bump hips slightly left)
- 11 Hold (on slower songs bump hips slightly right)
- 12 Pivoting $\frac{1}{4}$ turn to the right on ball of left foot, step right foot next to left (right takes weight)
- 13&14 Kick left foot forward, step back on ball of left foot, step right foot forward
- 15 Step left foot forward
- 16 Rock out slightly to right side on right foot

STEP LEFT WITH HIP ROTATION LEFT, HIP ROTATION RIGHT STEP TOGETHER

- 17 Step left foot to left side (no weight)
- Rotate hips to the right for next three counts (maintaining foot position)**
- 18 Bring hips and weight to left side
 - 19 Bring hips and weight to right side
 - 20 Bring hips and weight to left side
- Rotate hips to the left for next three counts (maintaining foot position)**
- 21 Bring hips and weight to right side
 - 22 Bring hips and weight to left side
 - 23 Bring hips and weight to right side
 - 24 Step left foot next to right foot (left takes weight)

KICK BALL CHANGE, FULL TURN BACK, SYNCOPATED BACK STEPS, TOUCH/CLAP

- 25&26 Kick right foot forward, step back on ball of right foot, step left foot next to right (prepping heel slightly left)
 - 27 Pivot $\frac{1}{2}$ turn to the right on ball of left foot, stepping right foot forward
 - 28 Pivot $\frac{1}{2}$ turn to the right on ball of right foot, stepping left foot backward
- Angle body slightly right for remaining counts**
- 29 Step right foot backward
 - 30 Hold
 - &31 Step left foot next to right foot, step right foot backward
 - 32 Touch left toe next to right foot and clap hands

REPEAT

When using this dance for the Alabama song "Dancin', Shaggin' On The Boulevard" you will have to add four more counts on walls one and three. On these walls, counts 33-36, we repeat steps 1-4.