

Hip To Hip

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK)
音樂: Hip To Hip - V



WALK BACK LEFT, WALK BACK RIGHT, STEP, KICK, RECOVER, STEP, WALK FORWARD RIGHT, ROCK, RECOVER, TURN, WALK FORWARD RIGHT

1-2 Walk back left, walk back right
&3&4 Step back on left, kick right forward, step right beside left, step left forward
5 Walk forward right
6&7 Rock left forward, recover to right, ½ left (6:00) step left forward
8 Walk forward right

KICK, CROSS, BACK, SIDE, CROSS, POINT, STEP, POINT, TOUCH BEHIND, UNWIND, STEP, HEEL

1&2 Kick left forward, cross left over right, step back on right
&3 Step left side left, cross right over left
4&5 Point left to left side, step left beside right, point right to right side
6-7 Touch right behind left, un-wind full turn to the right (weight changes to right)
&8 Step left side left, tap right heel to right diagonal (body still facing 6:00)

STEP, CROSS, ¼ STEP, ¼ HITCH, STEP AND HIPS (LEFT-RIGHT-LEFT), STEP, POINT, KICK, CROSS, ¼ STEP, ½ STEP

&1-2& Step right beside left, cross left over right, ¼ right (9:00) step right forward, ¼ right (12:00) hitch left
3&4 Step left side left and bump hip left, bump hip right, bump hip left
&5-6 Step right beside left, point left to left side, kick left across right towards right diagonal (body still facing 12:00)
7&8 Cross left over right, ¼ left (9:00) step back on right, ½ left (3:00) step left forward

STEP PIVOT, SHUFFLE, MAMBO ROCK, TOUCH BACK, PIVOT, STEP BACK

1-2 Step right forward, pivot ½ left (9:00)
3&4 Shuffle forward right
5&6 Rock left forward, recover to right, step back on left
7&8 Touch right toe back, pivot ½ right (3:00), step back on right

REPEAT

RESTART

Start wall 4 dance up to count 7 then replace count 8 with:

8 ¼ left (12:00) step right side right

Then start dance again