

# Hip Shoot

拍數: 65      牆數: 4      級數: Improver  
編舞者: Kathy Daley  
音樂: Shooting From The Hip - Barry Upton & Wild At Heart



## HEEL DIG, TAP TOGETHER, SAILOR STEP TWICE

1-2-3-4      Heel dig forward right, tap right toe beside left foot, heel dig forward right and hold  
5&6      Cross right behind left, step left to left side, step right to place  
7-8-9-10      Heel dig forward left, tap left toe beside right foot, heel dig forward left and hold  
11&12      Cross left behind right, step right to right side, step left to place

## ROCK FORWARD AND BACK (ROCKING CHAIR), TOGETHER AND SWIVEL HEEL TWICE TWICE

13&14&      Rock forward on right, rock back on left, rock back on right, rock forward on left  
15&16      Step right foot next to left, swivel heels right then left  
17&18&      Rock forward on left, rock back on right, rock back on left, rock forward on right  
19&20      Step left foot next right, swivel heels left then right

## STEP DIAGONALLY FORWARD, TOGETHER AND FORWARD, HITCH LEG AND CLAP TWICE

21-22      Step diagonally forward on right, step left foot behind right  
23-24      Step diagonally forward on right and hitch left knee and clap  
25-26      Step diagonally forward on left, step right foot behind left  
27-28      Step diagonally forward on left and hitch right knee and clap

## STEP SIDE TOGETHER HEEL TOGETHER TWICE

29-30      Step right to right side and tap left toe next to right  
31-32      Left heel dig forward, tap left toe next to right  
33-34      Step left to left side and tap right toe next to left  
35-36      Right heel dig forward, tap right toe next to left

## STEP BACK AND HITCH LEG X 4

37-38-39-40      Step back on right, hitch left knee & clap, step back on left, hitch right knee & clap  
41-42-43-44      Step back on right, hitch left knee & clap, step back on left, hitch right knee & clap

## SIDE TOGETHER SIDE RIGHT, SIDE TOGETHER SIDE LEFT

45-46      Step right to right side, step left foot next to right  
47-48      Step right to right side, tap left toe next to left and clap  
49-50      Step left to left side, step right foot next to left  
51-52      Step left to left side, tap right toe next to left and clap

## PADDLE TURN 1/8 LEFT TWICE

52&      Touch right toe forward and make a 1/8 turn left  
53&      Touch right toe forward and make a 1/8 turn left to complete a 1/4 turn left  
54-55-56-57      Tap right toe in front, right side, step back in place and clap  
58-59-60-61      Tap left toe in front, left side, step back in place and clap

## HIP WIGGLES X 4

62-63-64-65      Wiggle hips for 4 counts right, left, right, left

## REPEAT