

# Hillbilly Rock Star

**COPPER KNOB**  
STEPPERS

拍數: 64      牆數: 2      級數: Improver  
編舞者: Ben Heggy (USA)  
音樂: Living In Fast Forward - Kenny Chesney



## HEEL, CENTER, SIDE SHUFFLE, HEEL, CENTER, SIDE SHUFFLE

1-2      Touch right heel forward, return to center  
3&4      Side shuffle on a diagonal back left, stepping left-right-left  
5-6      Touch right heel forward, return to center  
7&8      Side shuffle on a diagonal back left, stepping left-right-left

## STEP, PIVOT, TURNING SHUFFLE, HEEL, CENTER, SIDE SHUFFLE

1-2      Step right forward, ½ turn pivot left  
3&4      Shuffle turning ½ turn left, stepping right-left-right  
5-6      Touch left heel forward, return to center  
7&8      Side shuffle on a diagonal back right, stepping right-left-right

## HEEL, CENTER, SIDE SHUFFLE, STEP, PIVOT, TURNING SHUFFLE

1-2      Touch left heel forward, return to center  
3&4      Side shuffle on a diagonal back right, stepping right-left-right  
5-6      Step left forward, ½ turn pivot right  
7&8      Shuffle turning ½ turn right, stepping left-right-left

## CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER, SIDE SHUFFLE

1-2      Cross rock right over left, recover weight to left  
3&4      Side shuffle to right, stepping right-left-right  
5-6      Cross rock left over right, recover weight to right  
7&8      Side shuffle to left, stepping left-right-left

## ROCK, RECOVER, COASTER, SHUFFLE, SHUFFLE

1-2      Rock forward right, recover  
3&4      Right coaster step  
5&6      Shuffle forward left-right-left  
7&8      Shuffle forward right-left-right

## CROSS, SIDE, SAILOR, CROSS, SIDE, SAILOR

1-2      Cross left over right, step right to right side  
3&4      Left sailor step  
5-6      Cross right over left, step left to left side  
7&8      Right sailor step

## STEP, PIVOT, SHUFFLE, SHUFFLE, SHUFFLE

1-2      Step left forward, ½ turn pivot right  
3&4      Shuffle forward left-right-left  
5&6      Shuffle forward right-left-right  
7&8      Shuffle forward left-right-left

## BACK, DRAG, BACK, DRAG, BACK, DRAG, BACK, DRAG

1      Big step back right diagonal right  
2      Drag left foot back together with right  
3      Big step left back diagonal left

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|---|---|
| 4 | Drag right foot back together with left |
| 5 | Big step back right diagonal right      |
| 6 | Drag left foot back together with right |
| 7 | Big step left back diagonal left        |
| 8 | Drag right foot back together with left |

#### **REPEAT**

#### **TAG**

On wall 1, dance a right box step (no turn) before restarting the dance

#### **RESTART**

On wall 3, dance the first 36 counts of the dance then restart (lyrics end "oh-yeah" and guitar solo begins as you restart dance.)

#### **TAG**

On wall 4, dance the last 32 counts of the dance again (chorus repeats), then dance the last 8 counts again twice before starting over (lyrics repeat "rewind real slow" then "still got some miles to go")

These restarts and tags keep the shuffle/sailor/shuffle sequence in sync with the chorus of the song, and are easy to do if you take your cue from the lyrics (no need to keep track of walls), but you can omit them and dance the dance straight through for simplicity if you like

#### **OPTIONAL STYLING:**

As you dance the forward shuffles, swing your arms forward with each step as if running

As you dance the cross-step-sailor sequence, wave your arms "out of control". As you dance the big steps back, hold your arms straight out in front of you and pull them back to your hips as you make the long drag back as if pulling in a rope

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