

Hillbilly Break Dancin

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Larry Majors (USA) & Altie Majors (USA)
音樂: Hillbilly Break Dance - Jeff & Susie Simms
或: MMMBop - Hanson



SIDE STEPS WITH CHA-CHA-CHA IN PLACE

1-2 Step right with right foot, shift weight to left foot, bringing right foot home
3&4 Step right, left, right (cha-cha-cha)
5-6 Step left with left foot, shift weight to right foot, bringing left foot home
7&8 Step left, right, left (cha-cha-cha)

STEP PIVOTS WITH CHA-CHA-CHA IN PLACE

1-2 Step right foot forward, pivot ½ turn to the left, bring right home
3&4 Stepping in place right-left-right (cha-cha-cha)
5-6 Step left foot forward, pivot ½ turn to the right, bring left foot home
7&8 Stepping in place left-right-left (cha-cha-cha)

MOVING RIGHT, FULL TURN RIGHT STEPPING RIGHT LEFT - SHUFFLE IN PLACE RIGHT-LEFT-RIGHT MOVING LEFT, FULL TURN LEFT STEPPING LEFT RIGHT - SHUFFLE IN PLACE LEFT-RIGHT-LEFT The steps will be one-two-three & four) or (right - left - right-left-right)

1-2 While moving right make a full turn to your right stepping right then left (facing the starting wall)
3&4 Shuffle in place right-left-right
You may use this shuffle to finish turn. If the turns are to much for you try this, vine right-left-coaster step
5-6 While moving left make a full turn to your left stepping left then right
7&8 Shuffle in place left-right-left

You may use this shuffle to finish turn. If the turns are to much for you try this, vine left -right -coaster step

TWO HOPS FORWARD - THREE HOPS MAKING ¼ TURN LEFT ON FIRST HOP, THEN TWO HOPS TO LEFT OR BACKWARDS FROM WHERE YOU STARTED

1-2 Hop forward twice
3&4 Hop while making a ¼ turn to the left - then hop twice to left or backwards

FOUR COUNT RAG DOLL

5-6 With arms in front of you (like stirring a big pot) move arms right to left in a circular motion- while shifting your weight from your right, left
7&8 Continue arms and hips right, left, right (put some body into it!)

HEEL SWITCHES - CROSS, TURN, HEEL SWITCHES

1-2 Touch right heel forward - bring right foot back as you touch left heel forward
3&4 Bring left back touch right heel forward &bring right back as you touch left forward -bring left back & touch right forward
5-6 Cross step right foot in front of left foot unwind ½ turn to the left-shifting weight to left foot
7&8 Touch right heel forward &bring right back as you touch left forward -bring left back & touch right forward

REPEAT

Last Update - 15 Nov. 2024 - R1