Hillbilly Blues

拍數: 32

級數: Improver east coast swing

編舞者: Al Marshall (USA)

音樂: Hillbilly Blues - Trick Pony

RIGHT STEP, PIVOT LEFT HEELS AND TOES, STEP LEFT, PIVOT HEELS AND TOES

Step right long diagonal forward, pivot left heel in and forward, pivot left toe in, pivot left heel 1-4 in and forward

Lower body on first count and raise body on counts 2-4.

5-8 Step left wide to left, pivot heels in, pivot toes in, pivot heels in

STEP BACK, BACK, CROSS, AND HOLDS

Step right diagonal back, step left back (just past right), cross right over left, hold 9-12 13-16 Same as 9-12 starting with step left diagonal back

To enhance the blues attitude try to dance "low" (knees bent slightly and leaning slightly forward), especially on counts 1-16.

STEP FORWARD, PIVOT, FORWARD, AND HOLDS

- 17-20 Step right forward, step left behind right pivoting ¼ to the left, step right to right pivoting ¼ to the right, hold
- 21-24 Same as 17-20 starting with step left forward

STEP FORWARD, PIVOT HALF, PIVOT QUARTER, AND HOLD

25-28 Step right forward, pivot 1/2 to left (weight on left), step forward on right pivoting 1/4 to left, hold

LEFT WEAVE (STEP LEFT BEHIND, RIGHT, CROSS) AND HOLD

Step left behind right, step right to right, cross left over right, hold 29-32

REPEAT

RESTART

At beginning of 4th wall (facing 12:00) dance counts 1-8, and then restart the dance.

At the end of the song as the music fades with the lyrics "Ah, come on over" a new wall is beginning (facing 12:00). Gesture diagonally forward with right arm on count 1 and pull arm toward body on counts 2-4 (come on over).





牆數: 4