

# Highway Of Life

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Letha Blackford (USA)  
音樂: Life Is a Highway - Rascal Flatts



## HEEL, HITCH, HEEL, LEFT COASTER STEP, HEEL, HITCH, HEEL, RIGHT COASTER STEP

1&2      Touch left heel forward, hitch left knee, touch left heel forward  
3&4      Step left foot back, step right foot back next to left, step left foot forward  
5&6      Touch right heel forward, hitch right knee, touch right heel forward  
7&8      Step right foot back, step left foot back next to left, step right foot forward

## LEFT SHUFFLE, RIGHT SHUFFLE, ½ TURN RIGHT, LEFT SHUFFLE

1&2      Step left foot forward, right together with left, step left foot forward  
3&4      Step right foot forward, left together with right, step right foot forward  
5-6      Step left foot forward, make ½ turn right (weight on right)  
7&8      Step left foot forward, right together with left, step left foot forward

## ¼ TURN LEFT, RIGHT SAILOR, LEFT SAILOR, STAMP, STAMP

1-2      Step right foot forward, make ¼ turn left (weight on left)  
3&4      Step right foot behind left, left to left, right beside left  
5&6      Step left foot behind right, right to right, left beside right  
7-8      Stamp right foot twice (stomp right foot, raise right foot, stomp right foot, raise right foot)

## RIGHT KICK BALL CHANGE, RIGHT KICK BALL CHANGE, WALK BACK- RIGHT, LEFT, RIGHT, TOUCH RIGHT

1&2      Kick right foot forward, step right foot next to left, step left foot next to right 3&4 kick right foot forward, step right foot next to left, step left foot next to right  
5-6      Walk back right, walk back left  
7-8      Walk back right, touch left next to right

## REPEAT

## TAG

### End of wall 7

1-2      Bump hips to the left  
3-4      Bump hips to the right