

Higher Ground

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alan Birchall (UK)
音樂: Higher Ground - Stevie Wonder



HEEL GRIND ¼ TURN, COASTER STEP TWICE

1-2 Twist grind right heel, making ¼ turn right (facing 3:00)
3&4 Step back on right, step left by right, step forward on right
5-6 Twist 'grind' left heel, making ¼ turn left (facing 12:00)
7&8 Step back on left, step right by left, step forward on left

STEP, ¼ PIVOT, CROSS ¼ TURN BACKWARDS, ½ TURN, KICK BALL STEP

9-10 Step forward on right, ¼ pivot left (facing 9:00)
11-12 Cross right over left, step back on left making ¼ turn right (facing 12:00)
13-14 Making ½ turn right step forward on right, step forward on left (facing 6:00)
15&16 Kick right foot forward, step right by left, step forward on left

MAMBO FORWARD, MAMBO BACK, SIDE ROCK, RECOVER, CROSS, ¾ TURN BACKWARDS

17&18 Rock forward on right, recover on left, step back on right
19&20 Rock back on left, recover on right, step forward on left
21&22 Rock right to right, recover on left, cross right over left
23-24 Making ¼ turn right step back on left, making ½ turn right step forward on right (facing 3:00)

ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, ROCK, RECOVER

25-26 Rock forward on left diagonal (1:00), recover on right
&27-28 Step left by right, rock back on right diagonal (7:00), recover on left
29-30 Rock forward on right diagonal (5:00), recover on left
&31-32 Step right by left, rock back on left diagonal (11:00), recover on right

STEP, ¾ TURN, BACKWARDS, SIDE SHUFFLE, RIGHT SAILOR, LEFT SAILOR

33-34 Step forward on left, make ¾ turn right (facing 12:00)
35&36 Step left to left, right by left, step left to left
37&38 Cross right behind left, step left in place, step right by left
39&40 Cross left behind right, step right to right, step left in place

STEP, ½ PIVOT TWICE, RIGHT SHUFFLE, MAMBO STEP

41-42 Step forward on right, ½ pivot left (6:00)
43-44 Step forward on right, ½ pivot left (12:00)
45&46 Step forward on right, step left by right, step forward on right
47&48 Rock forward on left, recover on right, step back on left

During the third wall, restart here at start of 4th verse (facing 12:00)

RIGHT SHUFFLE, COASTER STEP, STEP, ½ PIVOT TWICE

49&50 Step back on right, step left by right, step back on right
51&52 Step back on left, step right by left, step forward on left
53-54 Step forward on right, ½ pivot left (6:00)
55-56 Step forward on right, ½ pivot left (12:00)

HEEL SWITCH'S, STEP, ¼ PIVOT LEFT TWICE

57&58 Touch right heel forward, step right by left, touch left heel forward
&59-60 Step left by right, step forward on right, ¼ pivot left (facing 9:00)

61&62 Touch right heel forward, step right by left, touch left heel forward
&63-64 Step left by right, step forward on right, ¼ pivot left (facing 6:00)

REPEAT

RESTART

Restart after count 48 during 3rd wall
