

Higher Ground

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Steph Carrier
音樂: Higher Ground - Red Hot Chili Peppers



-
- 1&2 Touch right toe forward, touch left toe forward
3 Touch right toe forward
4 Touch right toe back
5&6 Triple ½ turn over right shoulder (right, left, right)
7 Touch left toe forward
8 Touch left in place
- 1&2 Touch right toe forward, touch left toe forward
3 Touch right toe forward
4 Touch right toe back
5&6 Triple ½ turn over right shoulder (right, left, right)
7 Touch left toe forward
8 Touch left in place
- 1&2 Left heel jack (cross left over right, step right to right side, point left heel to left side)
3-4 Dig right toe behind left unwind to the right as a full turn
5&6 Right cross shuffle (step right over left bring left in place, step forward right)
7&8 Left kick ball change
- 1&2 Left kick ball change
3-4 Rock forward left recover onto right doing a ½ turn
5&6 Full turn over left shoulder
7&8 Left shuffle forward

REPEAT
