

Highburn Hustle

拍數: 48 牆數: 4 級數: Improver
編舞者: Les Archer (UK)
音樂: Baby Likes To Rock It - The Dean Brothers



4 TOE STRUTS FORWARD WITH RIGHT, LEFT, RIGHT, LEFT

1-2 Step right toe forward, drop right heel to floor
3-4 Step left toe forward, drop left heel to floor
5-6 Step right toe forward, drop right heel to floor
7-8 Step left toe forward, drop left heel to floor

SYNCOPATED JUMPS OUT & IN, STEP RIGHT FORWARD & HOLD, ½ TURN LEFT BOUNCING HEELS 2 TIMES

&9 Jump apart on right & left,
&10 Jump together on right & left
11-12 Step right foot forward & hold a beat
13-16 Bouncing both heels 4 times while turning ½ turn left

GRAPEVINE RIGHT, GRAPEVINE LEFT WITH ¼ TURN LEFT

17-20 Step right to right side, cross left behind right, step right to right side, step left beside right
21-24 Step left to left side, cross right behind left, step left to left side, step right ¼ turn left

CHASSE RIGHT, FORWARD ROCK, CHASSE LEFT, FORWARD ROCK

25&26 Step right to right side, close left beside right, step right to right side
27-28 Cross rock left over right, rock back onto right, (angle body right)
29&30 Step left to left side, close right beside left, step left to left side
31-32 Cross rock right over left, rock back onto left, (angle body left)

STEP HITCH, STEP HITCH, MONTEREY ½ TURN RIGHT

33-34 Step forward onto right, hitch left knee up while slapping left thigh
35-36 Step forward onto left, hitch right knee up while slapping right thigh
37 Touch right to right side
38 Turn ½ to the right bringing feet together (weight on right)
39 Touch left to left side
40 Step left beside right

SYNCOPATED JUMPS FORWARD & BACK, BODY ROLL

&41-42 Step forward right, step left shoulder width from right, clap
&43-44 Step back right, step left shoulder width from right, clap
45-48 Slow body roll back, changing weight back on left

REPEAT
