

High-Tech Redneck

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Bill Ray (USA)
音樂: High-Tech Redneck - George Jones



FORWARD LUNGE, STEP BACK, KNEE POPS

- 1 Step (lunge) forward on right foot
- 2 Tuck hips forward and slide left foot forward beside right foot
- 3 Step back on left foot
- 4 Bring right foot beside left foot and pop right knee forward
- 5 Step down on right foot and pop left knee forward
- 6 Step down on left foot and pop right knee forward
- 7 Step down on right foot and pop left knee forward
- 8 Step down on left foot and pop right knee forward

SIDE STEPS, ½ TURN TO LEFT, RIGHT VINE & ½ TURN TO RIGHT

- 9 Step to right on right foot
- 10 Tap left toe beside right foot
- 11 Step to left on left foot
- 12 Pivot ½ turn to left on ball of left foot and tap right toe beside left foot
- 13 Step to right on right foot
- 14 Cross left foot behind right foot
- 15 Step to right on right foot
- 16 Pivot ½ turn to right on ball of right foot (original line of direction)

TRIPLE STEPS FORWARD, ½ TURN TO LEFT, TRIPLE STEPS FORWARD, ½ TURN TO RIGHT

- 17&18 Execute left triple step forward (left, right, left)
- 19 Step forward on right foot
- 20 Pivot ½ turn to left on ball of right foot and shift weight (forward) to left foot
- 21&22 Execute right triple step forward (right, left, right)
- 23 Step forward on left foot
- 24 Pivot ½ turn to right on ball of left foot and shift weight (forward) to right foot (original line of direction)

KICK, BALL-CHANGE (2), STEP FORWARD, RISE & SINK

- 25 Kick left foot forward
- & Step down on left foot
- 26 Step down on right foot
- 27 Kick left foot forward
- & Step down on left foot
- 28 Step down on right foot
- 29 Step forward on left foot
- 30 Step (stomp) right foot beside left foot
- 31 Rise up on toes
- 32 Sink down to full foot

"SUGARFOOT" SWIVELS TO LEFT, ROCKS BACK AND FORWARD

- 33 Pivot 1/8 turn to left on ball of left foot and step right foot across left foot
- 34 Pivot 1/8 turn to right on ball of right foot and step left foot behind right foot
- 35 Pivot 1/8 turn to left on ball of left foot and step right foot across left foot
- 36 Pivot 1/8 turn to right on ball of right foot and step left foot behind right foot

- 37 Rock back on right foot
- 38 Rock forward to center on left foot
- 39 Rock forward on right foot
- 40 Rock back to center on left foot

JAZZ SQUARES TO LEFT & ¼ TURNS TO RIGHT

- 41 Cross right foot over left foot and step down on right foot
- 42 Step back on left foot
- 43 Pivot ¼ turn to right on ball of left foot and step right foot beside left foot
- 44 Step forward on left foot
- 45 Cross right foot over left foot and step down on right foot
- 46 Step back on left foot
- 47 Pivot ¼ turn to right on ball of left foot and step right foot beside left foot
- 48 Step (stomp) left foot beside right foot

REPEAT
