High Test Love



拍數: 32 牆數: 4 級數:

編舞者: Max Perry (USA)

音樂: High Test Love - Scooter Lee



CAJUN SHUFFLES FORWARD WITH HITCHES

Step forward left
 Slide right up to left
 Step forward left

4 Hitch right while scooting on left

Step forward right
Slide left up to right
Step forward right

8 Hitch left while scooting on right

BACK, SCOOT, BACK, SCOOT

9 Step back left

10 Hitch right while scooting back on left

11 Step back right

12 Hitch left while scooting back on right

OUT, OUT, SHIFT WEIGHT, HOOK/SLAP

13 Step to left side with left, (small step)

14 Step to right side with right (small step) (feet should now be apart)

15 Shift weight to left foot

16 Hook right behind left knee and slap with left hand

CAJUN SHUFFLES SIDE TO SIDE WITH HITCHES

17 Step side right 18 Step left next to right

19 Step side right

20 Hitch left while scooting on right*

21 Step side left

22 Step right next to left

23 Step side left

24 Hitch right while scooting on left*

Step side right
Step left next to right
Step side right

28 Hitch left while scooting on right*

LEFT PADDLE TURN

29 Step left foot forward as you turn 1/4 left

30 Step side and slightly back with ball of right foot only and continue to turn

31 Step forward left turning toe out and continue to turn left

32 Step side and slightly back with ball of right foot only and continue to turn

You should complete a total of 34 to the left.

REPEAT

"Cajun" shuffles make reference to the fact that you will not "double-time" the beat and race through the shuffles. this dance has a fun, Cajun pulse (the same one you hear in Louisiana Hot Sauce). On *, your body will turn at a slight angle on the hitches, making it very comfortable to do the paddle turn at the end. You