

High On The Mountain

COPPER **NOB**
BY STEPHEN HETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Judith Campbell (NZ)
音樂: Mountain of Love - Johnny Rivers



TWO WALKS FORWARD, TWO DOROTHYS, TWO WALKS FORWARD:

1-2 Walk forward on right, left
3-4& Step forward right, lock left up behind right, step right next to left
5-6& Step forward left, lock right up behind left, step left next to right
7-8 Walk forward on (right, left) (12:00)

Easy option: counts 3-6 the Dorothys can be replaced with 2 shuffles forward

TOUCH & TOUCH & HEEL HOOK STOMP, 3 HEEL TAPS, ¼ SWIVEL LEFT (TOE LIFT)

1&2& Touch right foot out to right, bring right foot in next to left, touch left out to left side, bring left next to right
3&4 Heel dig forward on right foot, hook right foot under left shin, stomp right foot forward
5-6-7-8 Tap right heel 3 times in place, swivel ¼ to left lifting left toes up (heel remains on floor) (9:00)

SIDE SHUFFLE LEFT, ROCK RECOVER, SHUFFLE FORWARD ½ TURN, SHUFFLE ½ TURN

1&2-3-4 Shuffle to left side (left-right-left), rock/step back on right, recover forward on left
5&6-7&8 Shuffle forward on right foot turning ½ to left, shuffle back on left foot turning ½ to left (full turn forward) (9:00)

Easy option for counts 5-8 do: two shuffles forward without turning

CROSS TAP, CROSS TAP, ROCK RECOVER, ½ TURN RIGHT, SHUFFLE FORWARD

1-2-3-4 Step/cross right over left, touch left to left side, cross left over right, touch right to right side
5-6 Rock/step forward on right, recover back onto left
7&8 Turning ½ to right shuffle forward (right-left-right) (3:00)

CROSS TAP, CROSS TAP, ROCK RECOVER, ½ TURN LEFT, SHUFFLE FORWARD

1-2-3-4 Step/cross left over right, touch right to right side, cross right over left, touch left to left side
5-6 Rock/step forward on left, recover back onto right
7&8 Turning ½ to left shuffle forward (left-right-left) (9:00)

STEP TO SIDE, SHOULDER SHIMMIES, CLOSE, CLAP, 4 ELVIS KNEES

1-2-3-4 Step right to right side shimmy shoulders (3 counts), close left next to right and clap
5-6 Lift left heel up turning left knee in, lower left heel at the same time lift right heel and turn in knee
7-8 Lower right heel at the same time lift left heel and turn in knee, lower left heel at the same time lift right heel and turn in knee.(9:00)

REPEAT

TAG

At the end of wall 2 facing the back and the end of wall 4 facing the front

1-4 Vine right (side, behind, side, tap) on the tap do a clap (optional)
5-8 Roll to the left, (turn, turn, turn, scuff) - you can vine left (optional)
9-16 Four step scuffs moving in a circle on the spot turning to right. (clicking fingers optional)
1-16 Repeat the above 16 counts