

High Flyer

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mark Hood (UK) & Craig Cooke (UK)
音樂: Soar - Christina Aguilera



STEP PIVOT STEP, FORWARD COASTER, STEP SAILOR, STEP SWAY TWICE

1&2 Step right forward, pivot $\frac{1}{2}$ turn left step right forward
3&4 Step left forward step right beside left step left back sweeping right out
5&6 Step right behind left step left to the left step right to the right
7-8 Sway hip left right

SAILOR CROSS, STEP PIVOT STEP, STEP LOCK STEP, ROCK RECOVER BACK

9&10 Step left behind step right to the right step left over right
11&12 Step right forward pivot $\frac{1}{2}$ turn left step right forward
13&14 Step left forward lock right behind left step left forward
15&16 Rock right forward recover on left step right back

SWEEP STEPS BACK TWICE, SAILOR $\frac{1}{4}$ SWAY, SWAY, ROCK RECOVER CROSS

&17&18 Sweep left step left behind right sweep right step right behind left
19&20 Step left behind right step right to the right step left to the left
21&22 $\frac{1}{4}$ turn left swaying right to the right sway left to the left
23&24 Long right rock to right recover on left cross right over left turning body to the left

SIDE ROCK CROSS, ROCK RECOVER, SAILOR $\frac{1}{2}$, SIDE ROCK FORWARD

25&26 Rock left to the left recover on right cross left over right
27-28 Rock right forward recover on left
29&30 Step right behind left step left making $\frac{1}{4}$ turn right $\frac{1}{4}$ turn right and step right forward
31&32 Rock left to the left recover on right step left forward

REPEAT
