High Chaparral



拍數: 32 牆數: 4 級數: Improver

編舞者: Stefan Vidén

音樂: I Don't Miss You Like I Used To - Stella Parton



PIVOT TURN, ROCK, RECOVER, PIVOT TURN, ROCK, RECOVER

1-2	Ston forward on	loft: nivot 1/, turn	right (weight to left)
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3-4 Rock back on right; recover forward on left

5-6 Step forward on right; pivot ½ turn left (weight to right)

7-8 Rock back on left; recover on right

SHUFFLE, ROCK, RECOVER, 1/4 TURNING SAILOR STEP, SHUFFLE

9&10 Step left forward; step right beside left; step left forward

11-12 Rock forward on right; recover back on left

Step right behind left turning ¼ turn right; step left to left; step right beside left

15&16 Step left forward; step right beside left; step left back

ROCK, RECOVER, SYNCOPATED WEAVE

17-18	Rock right to right; recover onto left	

19&20 Step right behind left; step left to left; step left over right

21-22 Rock left to left; recover onto right

23&24 Step left behind right; step right to right; step left forward

SHUFFLE, ROCK, RECOVER WITH 1/4 TURN, CROSS SHUFFLE, SIDE SHUFFLE

25&26	Step right forward; step left beside right; step right forward
27-28	Rock forward on left; recover onto right making ¼ turn right

29&30 Cross left over right; step right to right (legs crossed); step left to right (legs crossed)

31&32 Step right to right; step left beside right; step right to right

REPEAT