Hot Tottie

拍數: 0

級數: Intermediate

編舞者: Kate Sala (UK)

音樂: Hot Stuff (I Want You Back) - The Pussycat Dolls

Sequence: AAB, AA, A(1-16), B, AABB, AAA

Written for the Brit. pack to take to America 2005. Good Luck. Thank you to Hellen for suggesting the name

PART A

FORWARD STEP, CROSS, BACK, ½ TURN, STEP, PIVOT ½ TURN, SHUFFLE

- 1-2-3 Step forward on left, cross step right over left, step back on left
- 4-5-6 Turn ½ right stepping forward on right, step forward on left, pivot ½ turn right
- 7&8 Shuffle forward on left, right, left, (facing 12:00)

FORWARD STEP, PIVOT ½ TURN, SHUFFLE ½ TURN, BACK ROCK, STEP, SCUFF

- 1-2-3&4 Step forward on right, pivot ½ left, shuffle ½ turn left traveling towards the back wall on right, left, right
- 5-6-7-8 Rock back on left, rock forward on right, step forward on left, scuff right forward

FORWARD ROCK, RECOVER, TRIPLE ¾ TURN, SIDE, BEHIND & HEEL & TOUCH

- 1-2-3&4 Rock forward on right, rock back on left, triple ¾ turn right on right, left, right, (facing 9:00)
 5-6&7 Step left to left side, cross step right behind left, small step left on left, dig right heel forward to right diagonal
- &8 Step right down in place, touch left next to right

KICK BALL STEP, HEEL LIFTS, BACK, SIDE SWITCHES, TOGETHER, SIDE, TOGETHER,

- 1&2 Kick left forward, step left in place, step slightly forward on right,
- &3-4 Lift both heels popping the knees forward, drop heels, step back on right
- 5&6 Touch left out to left side, step left next to right, touch right out to right side
- &7-8 Step right next to left, step left out to left side, step right in next to left,

PART B

SIDE STEP, SHIMMY, TOGETHER, CLAP, CLAP, TWICE

- 1-8 Step left to left side, hold, step right next to left & clap, clap
- 5-8 Repeat counts 1-4

Shimmy shoulders or hip thrusts for the men on counts 1-2, 5-6

ROLLING VINE RIGHT, ROLLING VINE LEFT

- 1-2-3-4 Full turn right traveling right on right, left, right, touch left next to right
- 5-6-7-8 Full turn left traveling left on left, right, left, touch right next to left,

ROCK STEP, COASTER STEP, ROCK STEP, SHUFFLE ½ TURN LEFT

- 1-2-3&4 Rock forward on right, rock back on left, step back on right, step left next to right, step forward on right
- 5-6-7&8 Rock forward on left, rock back on right, shuffle ½ turn left on left, right, left

ROCK STEP, COASTER STEP, ROCK STEP, TURN ½ LEFT WALKING LEFT, RIGHT

1-2-3&4 Rock forward on right, rock back on left, step back on right, step left next to right, step forward on right

5-6-7-8 Rock forward on left, rock back on right, turn ½ left walking forward on left, right When dancing the 16 counts only of A you will be on the 'Step scuff' Instead of the scuff replace it with 'Stepping RIGHT next to L' ready To go into part B for the second time, facing the front wall. At the end of the song there is 1 spare beat, just turn ¼ RIGHT to face the front wall stepping LEFT to the LEFT side





牆數:4