Hot To Trot



拍數: 32 編數: 2 級數: Improver

編舞者: Jan Wyllie (AUS)

音樂: Hot to Trot - Hank Williams, Jr.



1&2 3&4 5&6 7&8	Step forward on left, lock/step right behind left, step forward on left Rock/step forward on right, rock back on left, step back on right Step back on left, lock/step right in front of left, step back on left Rock/step back on right, rock forward on left, step forward on right
9-10	Step forward left, right
11&12	Rock/step forward on left, rock back on right, making ¼ left step forward on left
13-14	Step forward right, left (or alternatively, do a full turn left while stepping right, left)
15&16	Rock/step forward on right, rock back on left, making ¼ right step right to right side
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17&18&	Step left across right, step right to right, step left behind right, step right to right
19&20	Step left across right, step right to right, step left behind right
&	Making ¼ turn right step forward on right
21-22	Stomp forward on left, hold
23	Keep feet in place and bounce heels while making ¼ turn right,
24	Keeping feet in place bounce heels while making ¼ turn right - take weight on right .
25&26&	Step forward on left, lock right behind left, step forward on left, lock right behind left
27&28	Step forward on left, lock right behind left, step forward on left
During the last 4 counts please feel free to "swing your lasso" or "slap your butt"	
29&30	Step forward on right, pivot ¼ left transferring weight to left, step forward on right
31	Step forward on left
&	Jump left forward landing on left (this is a skip - make it big or small depending on you)
32	Step forward on right
U <u>L</u>	Olep iolward on right

REPEAT