Hot Tamales

拍數: 64

級數: Intermediate

編舞者: Neil Hale (USA)

音樂: Country Down to My Soul - Lee Roy Parnell

牆數: 2



Alternative version of the song: Country Down To My Soul by Scooter Lee. CD: I'm Gonna Love You Forever Music available from major download sites worldwide or www.ScooterLee.com Hot Tamales step sheet updated 5/2014 by Jo Thompson Szymanski and approved by Neil Hale.

Intro: 40 counts - No restarts or tags - 158 bpm

[1-6] KICK BALL CHANGE, RIGHT TOE STRUT, LEFT TOE STRUT

- 1&2 Kick R forward; Rock ball of R slightly back; Recover onto L
- 3-4 Touch R toe forward; Drop R heel
- 5-6 Touch L toe forward; Drop L heel

[7-16] 1/2 MONTEREY TURNS, "HITCHHIKE SWIVET"

- 7-8 Touch R to right; Turn 1/2 right step R together
- 1-2 Touch L to left; Step L together
- 3-4 Touch R to right; Turn 1/2 right step R together
- 5-6 Touch L to left; Step L together (weight should be on both feet to prepare for Swivet)
- 7 Swivel on the ball of L, move L heel to left at the same time, swivel on the R heel, move R toe to right ("Hitchhike" R thumb to right)
- 8 Return L heel and R toe to center shift weight to R (R thumb comes back down)

[17-24] VINE L, STEP, SLAP L, STEP, SLAP R FRONT, TURN 1/4 L SLAP R SIDE

- 1-4 Step L to left; Step R behind L; Step L to left; Step R together/slightly to the right
- 5-6 Lift L up behind R leg as you slap L heel with R hand; Step L to left
- 7 Lift R foot up in front/across as you slap inside of R heel with L hand
- 8 Turn 1/4 left swing R foot out to right side as you slap outside of R heel with R hand

[25-32] "HOT TAMALE" SHOULDER PUSHES with SLOW 1/4 TURN L

1-8 Step R to right bending knees/crouch, R shoulder pushes forward 8 times (starting with the step to the right on count 1) as you turn slowly 1/4 left ending with weight on L and straighten up.

[33-40] BACK TOE STRUTS 4 TIMES WITH SNAPS

- 1-2 Touch R toe back; Drop R heel (snap R hand at R shoulder)
- 3-4 Touch L toe back; Drop L heel (snap L hand at L shoulder)
- 5-6 Touch R toe back; Drop R heel (snap R hand at R shoulder)
- 7-8 Touch L toe back; Hold (snap L hand at L shoulder)

[41-48] VINE LEFT, 1/4 TURN L, 1/4 TURN L JUMP TOGETHER, HEEL/TOE SWIVELS

- 1-2 Step L to left; Step R behind L
- 3 Turn 1/4 left step L forward
- 4 Turn 1/4 left jumping onto both feet to right side
- 5-8 Move heels right; Move toes right; Move heels right; Move toes center (weight on R)

[49-56] STEP, TURN 1/2 R, STEP, SCOOT, STEP, STOMP, CLAP HANDS TWICE

- 1-2 Step L forward; Turn 1/2 right shift weight to R
- 3-4 Step L forward; Hitch R knee as you scoot forward on L
- 5-6 Step R forward; Stomp L together
- 7-8 Clap/pat hands twice: First with R palm facing up, L palm facing down, then reverse

[57-64] 2 KNEE ROLLS, 4 KNEE POPS

- 1-2 Roll L knee across front of R leg; Hold
- 3-4 Switch weight to L as you roll R knee across front of L leg; Hold
- 5-6 Pop L knee across R leg; Pop R knee across L leg
- 7-8 Pop L knee across R leg; Pop R knee across L leg

BEGIN AGAIN!

Last Update - 15th Aug. 2019 - R2