

Hot Swing Strut

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Robert DeLong (USA)
音樂: Some Like It Hot - John Cafferty & The Beaver Brown Band



TOE/HEEL STRUTS FORWARD

- 1-4 Step right foot toes forward, right foot step heel down, step left foot toes forward, left foot step heel down
5-8 Repeat steps 1-4

SHUFFLE TO THE RIGHT, ROCK STEP, SHUFFLE TO THE LEFT, ROCK STEP

- 1&2-3-4 Shuffle to right side (right-left-right), rock back on left foot behind right foot, step right foot in place
5&6-7-8 Shuffle to left side (left-right-left), rock back on right foot behind left foot step left foot in place

CROSSING TOE/HEEL STRUTS

- 1-4 Step right foot toes to right side, right foot heel down, cross left foot toes over right foot, left foot heel down
5-8 Repeat 1-4

RIGHT FOOT TOE TOUCHES WHILE TURNING ½ TURN LEFT, ROCK FORWARD ON RIGHT FOOT ROCK BACK ON LEFT FOOT 2X

- 1&2& Touch right foot toes to right side, slightly lift right foot, repeat
3&4 More times while pivoting on ball of left foot turning ½ turn left
5-8 Rock forward on right foot, rock back on left foot, repeat

TWO SHUFFLES FORWARD, TOE TOUCHES WHILE TURNING ¼ TURN RIGHT

- 1&2-3&4 Shuffle forward (right-left-right), shuffle forward (left-right-left)
5-8 Touch right foot toes to right starting to turn ¼ turn right, return right foot next to left foot, repeat again to complete the turn

HEEL TOUCHES & KNEE POPS

- 1-4 Touch right foot heel forward, return right foot next to left foot, touch left foot heel forward, return left foot next to right foot
5-8 Pop right knee forward, pop left knee forward, repeat

REPEAT
