Hot Stuff

拍數: 64   **牆數:** 4   **級數:** Intermediate

編舞者: Lisa Mason (UK) & Joe Mason (UK)

音樂: Hot Stuff - Donna Summer

WALKS FORWARD AND BACK ROLLING GRAPEVINES RIGHT & LEFT, KICK BALL CHANGE TWICE, PADDLE TURN

1-4	Walk forward right, left, right, kick left forward and clap
5-8	Walk backwards left, right, left, point right toe behind and clap
9-16	Repeat counts 1-8
17-20	Rolling grapevine right, touch left next to right and clap (step right to right side with ¼ turn right, step left to left with ¼ turn right, step right to right completing ½ turn right)
21-24	Repeat above rolling grapevine to left
25-28	Kick ball change right and repeat (kick right foot forward, step right next to left, and quickly step left next to right:- count &1, repeat)
29-32	Two paddle turns to left, (step right forward, pivot on ball of left and turn 1/8 to left, weight on left, and repeat to complete ¼ turn)

HIP THRUSTS, PIVOT ½ TURN STEP HOLD

33-34	Step right to right at same time bring arms forward, wrists up and fists clenched. Pull arms backwards and thrust hips forward twice
35-36	Stomp left next to right and clap
37-38	Step right forward pivot on ball of left ½ turn left, weight finishes on left
39-40	Stomp right next to left and hold for one count, weight still on left
41-48	Repeat above counts 33-40, hip thrusts

HIP THRUSTS, BOX STEP, HIP BUMPS, AND GRIND

49-52	Repeat hip thrusts above counts 33-36, no pivot
53-56	Box step, step forward right and place right hand on right side of bottom, step forward left and place left hand on left side of bottom, knees slightly bent. Straight legs, step back right and step back left
57&58	Slightly step forward right bumping hips right, left, right. At the same time place right hand up and behind right ear
59&60	Slightly step forward left bumping hips left, right, left. At the same time place left hand up and behind left ear
61-64	Weight on left grind hips down and up from left to right and repeat, two counts each grind

REPEAT