

Hot Stuff

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Dee Cresdee (CAN), Ember Schira (CAN) & Sheila Smith (CAN)
音樂: Hot Stuff - Donna Summer



Won second place for choreography at Jamboree, British Columbia

JAZZ BOX, HIP CIRCLES RIGHT AND LEFT

- 1 Cross right over left
- 2 Step left back
- 3 Step right to right side
- 4 Step left beside right
- 5 Step right forward, pushing right hip to right diagonal
- & Push left hip back on left diagonal
- 6 Rotate hips counter to the right
- 7 Step left forward, pushing left hip to left diagonal
- & Push right hip back on right diagonal
- 8 Rotate hips to the right

FORWARD, SIDE-BALL-CHANGE, TOGETHER, POINT & POINT, STEP, POINT, STEP, POINT

- 9&10& Step right forward, step sideways onto left toe/ball, briefly pick up right foot and replace to same spot, step left beside right
- 11&12 Point right to right side, step right beside left, point left to left side
- 13 Step left forward
- 14 Point right to right side
- 15 Step right forward
- 16 Point left to left side

PULL, PULL, COASTER STEP, ROCK BACK, ½ TURN LEFT, STEP FORWARD, SHUFFLE FORWARD

- &17 Step left forward keeping weight on right while moving arms forward at hip level, with closed fists pull arms back as you push hips forward (pumping action)
- & Move arms forward, hips back
- 18 Pull arms back while pushing hips forward
- 19&20 Coaster step: step left back, step right beside left, step left forward
- 21 Rock right back
- 22 Turn ½ to left and step left forward
- 23&24 Shuffle forward: step right forward, step left beside right, step right forward

ROCK BACK, ½ TURN RIGHT, STEP FORWARD, SHUFFLE FORWARD, RIGHT ARM COMBO

- 25 Rock left back
- 26 Turn ½ to right and step right forward
- 27&28 Shuffle forward: step left forward, step right beside left, step left forward
- 29 Arm combo: step right to right side and extend right arm to approximately 30 degrees from right side of body, with fingers straight and together, palm forward
- 30 Raise extended right arm to right side, shoulder height, turning palm down
- 31 Make a fist and bend arm to ¼ turn, then move arm forward at shoulder height with fist facing toward you
- 32 Stomp right beside left keeping weight on left, while bringing right arm back to neutral position

"FAST FEET" FORWARD AND BACK, AND STEP, ¼ PIVOT LEFT TWICE

- 33& Fast feet: step right slightly forward (33), step left in place (&)

- 34& Step right slightly back (34), step left in place (&)
- 35 Step right forward
- 36 ¼ pivot left, weighted left (9:00)
- 37-40 Repeat 33-36 (6:00)

SYNCOPATED WEAVE, STOMP, STEP-SLIDE TWICE, STEP-TOUCH

- 41& Cross right over left, step left to left side
- 42& Cross right behind left, step left to left side
- 43 Cross right over left
- 44 Stomp left beside right
- &45 Lifting right knee up slightly, step right to right side
- &46 Slide left beside right, lifting right knee up slightly, step right to right side
- &47 Slide left beside right, lifting right knee up slightly, step right to right side
- 48 Touch left beside right

PULL, PULL, COASTER STEP, ARM COMBO

- &49 Step left forward keeping weight on right while moving arms forward at hip level, with closed fists pull arms back as you push hips forward (pumping action)
- & Move arms forward, hips back
- 50 Pull arms back while pushing hips forward
- 51&52 Coaster step: step left back, step right beside left, step left forward
- 53 Arm combo: step right to right side and extend right arm to approximately 30 degrees from right side of body, with fingers straight and together, palm forward
- 54 Raise extended right arm to right side, shoulder height, turning palm down
- 55 Make a fist and bend arm to ¼ turn, then move arm forward at shoulder height with fist facing toward you
- 56 Stomp right beside left keeping weight on left, while bringing right arm back to neutral position

STEP, ¼ PIVOT LEFT, CROSS-BALL-CROSS, BODY ROLL LEFT TWICE

- 57 Step right forward
- 58 Turn ¼ to left, weighted left (3:00)
- 59&60 Cross right over left, step toe/ball of left slightly back and to left side (keep legs crossed), cross right over left
- 61-62 Body roll: point left to left side, hold
- & Transfer weight to left and push off on left toe and step right beside left
- 63-64 Repeat 61-62
- & Jump/step left beside right (ready to begin again, crossing right over left)

REPEAT

TAG

When using the song "Hot Stuff", there will be a tag at the end of wall 5. You will be facing the 3:00 wall when you begin the tag

STOMP, CLAP, STOMP, CLAP, STOMP, CLAP, CLAP, WALK FORWARD RIGHT-LEFT-RIGHT-TOGETHER

- 1& Stomp right forward, clap
- 2& Pick up right and stomp to same place, clap
- 3&4 Pick up right and stomp to same place, clap, clap
- 5-7 Walk forward right, left, right (3:00)
- 8 Step left beside right
- 9-16 Pivot on toe/ball of left foot, turning ¼ turn right, then repeat tag 1-8 (6:00)
- 17-24 Pivot on toe/ball of left foot, turning ¼ turn right, then repeat tag again (9:00)
- 25-32 Pivot on toe/ball of left foot, turning ¼ turn right, then repeat tag for last time (12:00)

