

Hot Stuff

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Junior Willis (USA)
音樂: Hot Stuff - Donna Summer



GLIDE RIGHT, LEFT, RIGHT LEFT RIGHT, GLIDE LEFT, RIGHT, LEFT RIGHT LEFT

Do this 8-count sequence with a slight bend in both knees

- 1 Step right foot forward and diagonally to the right
- 2 Step left foot forward and diagonally to the left
- 3 Step right foot forward and diagonally to the right
- & Step left foot forward and diagonally to the right
- 4 Step right foot forward and diagonally to the right
- 5 Step left foot forward and diagonally to the left
- 6 Step right foot forward and diagonally to the right
- 7 Step left foot forward and diagonally to the left
- & Step right foot forward and diagonally to the left
- 8 Step left foot forward and diagonally to the left

TOE, KICK WITH ¼ TURN RIGHT, COASTER, ROCK, RECOVER, TRIPLE WITH ½ TURN LEFT

- 1 Turn right toe in and touch next to left instep
- 2 Kick right foot forward while turning ¼ turn to the right
- 3 Step right foot back
- & Step ball of left foot back
- 4 Step right foot forward
- 5 Rock forward on left
- 6 Recover on right
- 7 Turn ½ turn to the left with a step forward on the left foot
- & Step ball of right foot next to left
- 8 Step left foot forward

WALK, WALK, KICK-BALL-CHANGE, CROSS STEP, FULL TURN, MAMBO TOUCH

- 1 Step right foot forward
- 2 Step left foot forward
- 3 Kick right foot forward
- & Place ball of right foot next to left
- 4 Step left foot in place
- 5 Cross step right foot over left
- 6 Make a full turn to the left ending with weight on left foot
- 7 Step right foot out to right side
- & Step left foot in place
- 8 Touch right toe slightly out to right side

SNAPS WITH HIPPS, PUSH OFFS WITH ½ TURN LEFT

- 1 Push hips to the right while raising right arm and snapping fingers
- 2 Push hips to the right while lowering right arm and snapping fingers
- 3 Push hips to the right while raising right arm and snapping fingers
- 4 Push hips to the right while lowering right arm and snapping fingers
- 5-8 Four push offs with the right foot while making a ½ turn to the left ending with weight on left

REPEAT

