

Hot Steppin'

COPPER KNOB
BY STEPSHEETS

拍數: 48 牆數: 2 級數:
編舞者: Larry Bass (USA) & Peter Metelnick (UK)
音樂: Uncle John from Jamaica - Vengaboys



RIGHT FORWARD, LEFT & RIGHT SIDE ROCK CROSS, LEFT FORWARD, HEEL TWIST WITH ½ RIGHT TURN

1 Step right foot forward
2&3 Rock left foot to left side, recover weight on right foot, cross step left foot over right
4&5 Rock right foot to right side, recover weight on left foot, cross step right foot over left
6 Step left foot forward (end with weight on both feet)
7&8 Twist heels left, twist heels right, twist heels left turning ½ right (end with weight on left foot)

RIGHT BACK COASTER STEP, LEFT & RIGHT SIDE ROCK CROSS, LEFT SCUFF HITCH TOUCH

1&2 Step right foot back, step left foot together, step right foot forward
3&4 Rock left foot to left side, recover weight on right foot, cross step left foot over right
5&6 Rock right foot to right side, recover weight on left foot, cross step right foot over left
7&8 Scuff left foot forward, hitch left knee up, touch ball of left foot forward

LEFT HEEL PRESS 3X, LEFT & RIGHT HITCH STEPS BACK, LEFT HEEL PRESS 3X, LEFT HITCH INTO LEFT BACK COASTER STEP

1&2 Press left heel down 3 times (weight remains on right foot)
&3 Hitch left knee up & hop back on right foot, step left foot back
&4 Hitch right knee up & hop back on left foot, step right foot back
5&6 Press left knee down 3 times (weight remains on right foot)
& Hitch left knee up & hop back on right foot
7&8 Step left foot back, step right foot together, step left foot forward

RIGHT SYNCOPATED VINE, RIGHT SIDE ROCK & RECOVER, RIGHT CROSS STEPS

1 Step right foot to right side
2&3 Cross step left foot behind right, step right foot to right side, cross step left foot over right
4-5 Rock right foot to right side, recover weight on left foot
6&7 Cross step right foot over left, step left foot to left side, cross step right foot over left
&8 Step left foot to left side, cross step right foot over left (weight ends on right foot)

LEFT SYNCOPATED VINE, LEFT SIDE ROCK & RECOVER, LEFT CROSS BEHIND, RIGHT TO RIGHT SIDE, ¼ RIGHT, RIGHT FORWARD

1 Step left foot to left side
2&3 Cross step right foot behind left, step left foot to left side, cross step right foot over left
4-5 Rock left foot to left side, recover weight on right foot
6&7 Cross step left foot behind right, step right foot to right side, turning ¼ right step left foot forward
8 Step right foot forward

LEFT & RIGHT KICK STEP TOUCHES, HIP BUMPS LEFT, RIGHT, LEFT, RIGHT, LEFT, RIGHT WITH ¼ RIGHT PIVOT TURN, LEFT BACK

1&2 Kick left foot forward, step left foot together, touch right toes to right side
3&4 Kick right foot forward, step right foot together, touch left toes to left side
5&6& Bump hips left, right, left, right
7-8 Bump hips left, bump hips right pivoting ¼ left (weight ends on right foot)
& Step left foot back

REPEAT
