

Hot Sauce

拍數: 40 牆數: 4 級數: Improver
編舞者: Roz Porter (SCO)
音樂: Louisiana Hot Sauce - Sammy Kershaw



RIGHT AND LEFT HEEL SWITCHES AND VAUDEVILLES

1&2 Right heel forward step on right left heel forward
&3&4 Step on left and cross right over left and right heel forward
&5&6 Step on right and left heel forward, and change right heel forward
&7&8 Step on right and cross left over right step back on right and left heel forward

AND RIGHT SHUFFLE FORWARD AND TAP BACK RIGHT SHUFFLE ¼ TURN LEFT AND TOUCH

&1&2 Step on left and right shuffle forward right, left, right
3-4 Rock forward on left foot and touch right toe behind left heel
5&6 Shuffle back right left right
7-8 ¼ turn to left and touch right toe beside left

SIDE SHUFFLE TO THE RIGHT 2X ½ PIVOT TURNS TO RIGHT SIDE SHUFFLE LEFT RIGHT FOOT ROCK BACK

1&2 Side shuffle to right
3-4 X turns to right pivot on the right foot touching the left toe to the right side
5&6 Side shuffle left
7-8 Rock back on right forward on left

TOE STRUT, TO RIGHT SIDE ½ TURN RIGHT LEFT TOE STRUT ½ TURN CROSS STRUT

1-2 Right toe strut to right side
3-4 Pivot on right foot ½ turn to right left toe strut
5-6 Pivot on left foot ½ turn right keeping the right leg in front of left and cross strut

Your legs should be crossed

7&8 Side shuffle to the left (left, right, left)

ROCK BACK RIGHT SHUFFLE RIGHT FORWARD, HEEL GRIND LEFT & COASTER

1-2 Rock back on to right foot and forward on left
3&4 Right shuffle forward
5-6 Heel grind forward onto left back on right
7&8 Left foot back right foot together forward on left

REPEAT