

Hot Salsa Fever

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Carol Purton
音樂: Livin' la Vida Loca - Ricky Martin



Steps 1 to 24 try to use a salsa action with flexed knees and hip action

SIDE STEPS, RIGHT & LEFT

1-2 Step right to right side. Step left beside right
3-4 Step right to right side. Touch left beside right.
5-6 Step left to left side step right beside left
7&8 Step left to left side. Touch right beside left.

SIDE CROSSES RIGHT/LEFT WITH HEEL DIGS

9-10 Step right to right side, cross left over right
11-12 Step right to right side, touch left heel diagonally forward
13-14 Step left to left side, cross right over left
15-16 Step left to left side, touch right heel diagonally forward

TRIPLE STEPS ON THE SPOT WITH HEEL DIGS & ¼ TURNS TO LEFT

17-18 Step right beside left, step left in place
19-20 Step right in place, touch left heel forward
21-22 Step left beside right, step right in place
23-24 Step left in place, touch right heel forward

During the above 8 steps turn gradually to the left making ¼ turn over steps 17-20 and another ¼ over steps 21-24 (you should end facing the back wall)

MAMBO ROCK BACK & FORWARD

25-26 Rock back onto right, rock forward onto left
27-28 Step side on right and hold
29-30 Rock forward onto left, rock back on right
31-32 Step side on left and hold

WEAVES LEFT WITH RIGHT CROSS BACK ROCKS

33-34 Cross right behind left, step left to left side
36-36 Cross right over left, step left to left side
37-38 Cross right behind left, rock forward onto left
39-40 Step right to right side and hold

WEAVES RIGHT WITH LEFT CROSS BACK ROCKS

41-42 Cross left behind right, step right to right side
43-44 Cross left over right, step right to right side
45-46 Cross left behind right, rock forward onto right
47-48 Step left to left side and hold

RIGHT TOE HEEL FLICK, JAZZ BOX, SAILOR STEPS, SCUFF SCOPOT STEP

49&50 Touch right toe beside left, touch right heel beside left, step onto right foot flicking left foot behind
51&52 Cross left over right, step back on right, step left to left side
53-54 Cross right behind left, step left to left side, step right in place.
55-56 Scuff left heel forward, scoot forward on right, step forward on left

TOE HEEL FLICKS RIGHT & LEFT FULL TURN, FORWARD LOCK STEPS RIGHT

- 57&58 Touch right toe forward, touch right heel forward, step forward onto right foot flicking left foot behind
- 59&60 Touch left toe forward, touch left heel forward, step forward onto left foot flicking right foot behind
- 61-62 On ball of left make ½ turn, left stepping back on right, on ball of right make ½ turn stepping forward left
- 63&64 Step forward right cross left behind right, step forward right

Two walks can be danced instead of full turn

STEP ROCK, TRAVELING TOES HEELS TOES TO RIGHT, SAILOR STEP TURNING ½ TO LEFT TOUCH TURN

65&66 Step forward left, step side right, rock weight back to left side (ending feet apart)

67&68 Swivel both toes in, swivel both heels in, swivel both toes in

Swivels are danced moving along the floor, bounce to help with movement

69&70 Cross left behind right, swinging shoulder back turning ½ turn to left, step right to right side, step left in place

71-72 Keeping weight on left, turn ½ turn to left while touching right out to side twice, turning ½ turn to left

REPEAT
