Hot Salsa Fever



拍數: 72 編數: 2 級數: Intermediate

編舞者: Carol Purton

音樂: Livin' la Vida Loca - Ricky Martin



Steps 1 to 24 try to use a salsa action with flexed knees and hip action SIDE STEPS, RIGHT & LEFT

1-2	Step right to right side. Step left beside right
3-4	Step right to right side. Touch left beside right.
5-6	Step left to left side step right beside left
7&8	Step left to left side. Touch right beside left.

SIDE CROSSES RIGHT/LEFT WITH HEEL DIGS

9-10	Step right to right side, cross left over right
11-12	Step right to right side, touch left heel diagonally forward
13-14	Step left to left side, cross right over left
15-16	Step left to left side, touch right heel diagonally forward

TRIPLE STEPS ON THE SPOT WITH HEEL DIGS & 1/4 TURNS TO LEFT

17-18	Step right beside left, step left in place
19-20	Step right in place, touch left heel forward
21-22	Step left beside right, step right in place
23-24	Step left in place, touch right heel forward

During the above 8 steps turn gradually to the left making ¼ turn over steps 17-20 and another ¼ over steps 21-24 (you should end facing the back wall)

MAMBO ROCK BACK & FORWARD

25-26	Rock back onto right, rock forward onto let
27-28	Step side on right and hold
29-30	Rock forward onto left, rock back on right
31-32	Step side on left and hold

WEAVES LEFT WITH RIGHT CROSS BACK ROCKS

33-34	Cross right behind left, step left to left side
36-36	Cross right over left, step left to left side
37-38	Cross right behind left, rock forward onto left
39-40	Step right to right side and hold

WEAVES RIGHT WITH LEFT CROSS BACK ROCKS

41-42	Cross left behind right, step right to right side
43-44	Cross left over right, step right to right side
45-46	Cross left behind right, rock forward onto right
47-48	Step left to left side and hold

RIGHT TOE HEEL FLICK, JAZZ BOX, SAILOR STEPS, SCUFF SCOPOT STEP

49&50	Touch right toe beside left, touch right heel beside left, step onto right foot flicking left foot behind
51&52	Cross left over right, step back on right, step left to left side
53-54	Cross right behind left, step left to left side, step right in place.
55-56	Scuff left heel forward, scoot forward on right, step forward on left

TOE HEEL FLICKS RIGHT & LEFT FULL TURN, FORWARD LOCK STEPS RIGHT

57&58	Touch right toe forward, touch right heel forward, step forward onto right foot flicking left foot behind
59&60	Touch left toe forward, touch left heel forward, step forward onto left foot flicking right foot behind
61-62	On ball of left make $\frac{1}{2}$ turn, left stepping back on right, on ball of right make $\frac{1}{2}$ turn stepping forward left
63&64	Step forward right cross left behind right, step forward right

Two walks can be danced instead of full turn

STEP ROCK, TRAVELING TOES HEELS TOES TO RIGHT, SAILOR STEP TURNING ½ TO LEFT TOUCH

TURN

Step forward left, step side right, rock weight back to left side (ending feet apart)

Swivel both toes in, swivel both heels in, swivel both toes in Swivels are danced moving along the floor, bounce to help with movement

69&70 Cross left behind right, swinging shoulder back turning ½ turn to left, step right to right side,

step left in place

71-72 Keeping weight on left, turn ½ turn to left while touching right out to side twice, turning ½ turn

to left

REPEAT