

Hot Rod Heart

COPPER KNOB
STEPSHEETS

拍數: 68 牆數: 4 級數: Intermediate
編舞者: Irene Mead (AUS)
音樂: Hot Rod Heart - John Fogerty



TOE STRUT, TOE STRUT, TOE STRUT, TOE STRUT

1-2 Toe strut- touch right toe forward, step onto right
3-4 Toe strut- touch left toe forward, step onto left
5-6 Toe strut- touch right toe forward, step onto right
7-8 Toe strut- touch left toe forward, step onto left

VINE RIGHT, HIP, HIP, HIP, HIP

1-2 Vine - step right to the side, step left behind right
3-4 Step right to the side, touch left together
5-6 Step left to the side & push hips left, push hips right
7-8 Push hips left, push hips right

VINE LEFT, HIP, HIP, HIP, HIP

1-2 Vine - step left to the side, step right behind left
3-4 Step left to the side, touch right together
5-6 Step right to the side & push hips right, push hips left
7-8 Push hips right, push hips left

"V" STEPS, "V" STEPS

1-2 "V" steps-step right forward at 45 degrees, step left forward at 45 degrees
3-4 Step right to back center, step left together
5-6 "V" steps-step right forward at 45 degrees, step left forward at 45 degrees
7-8 Step right to back center, step left together

FORWARD, BACK, BACK, FORWARD, FORWARD, BACK, COASTER STEP

1-2 Step right forward, rock back onto left
3-4 Step right back, rock forward onto left
5-6 Step right forward, rock back onto left
7&8 Coaster step - step right back, step left back, step right forward

FORWARD, BACK, BACK, FORWARD, FORWARD, BACK, COASTER STEP

1-2 Step left forward, rock back onto right
3-4 Step left back, rock forward onto right
5-6 Step left forward, rock back onto right
7&8 Coaster step - step left back, step right back, step left forward

PADDLE TURN & CLAP, PADDLE TURN & CLAP, PADDLE TURN & CLAP, PADDLE TURN & CLAP

1-2 Step right forward, turn $\frac{1}{4}$ turn left take weight on left & clap
3-4 Step right forward, turn $\frac{1}{4}$ turn left take weight on left & clap
5-6 Step right forward, turn $\frac{1}{4}$ turn left take weight on left & clap
7-8 Step right forward, turn $\frac{1}{4}$ turn left take weight on left & clap

SHUFFLE FORWARD, STEP, $\frac{1}{2}$ TURN, SHUFFLE FORWARD, STEP, $\frac{1}{4}$ TURN

1&2 Shuffle forward right-left-right
3-4 Step left forward, turn $\frac{1}{2}$ turn right take weight on right
5&6 Shuffle forward left-right-left

7-8 Step right forward, turn $\frac{1}{4}$ turn left take weight on left

TWIST, TWIST, TWIST, TWIST

1-4 Twist heels left-right-left-right

REPEAT
