Hot Off The Press

拍數: 32

級數: Improver

編舞者: Vickie Vance-Johnson (USA)

音樂: Honky Tonk Song - BR5-49

STEP, TAP TO SIDE AND SNAP FINGERS, REVERSE, REPEAT FIRST 4 COUNTS

- 1 Step right foot crossed over left foot
- 2 Tap left toe to left side and snap fingers
- 3 Step left foot crossed over right foot
- 4 Tap right toe to right side and snap fingers
- 5 Step right foot crossed over left foot
- 6 Tap left toe to left side and snap fingers
- 7 Step left foot crossed over right foot
- 8 Tap right toe to right side and snap fingers

SAILOR SHUFFLE (TWICE), STOMP, SCUFF, HOP-STEP, TAP TOE

- Step right foot behind left foot (begin sailor shuffle) 1
- & Step left foot to left side
- 2 Step right foot to right side
- 3 Step left foot behind right foot (begin sailor shuffle)
- & Step right foot to right side
- 4 Step left foot to left side
- 5 Stomp right foot forward
- 6 Scuff left foot forward
- & Hop back on right foot
- 7 Step back on left foot
- 8 Tap right toe next to left foot

DOUBLE HIP BUMPS FORWARD AND BACK, ROCK HIPS FORWARD AND BACK TWICE

- 1 Bump right hip forward
- 2 Bump right hip forward again
- 3 Bump left hip to back
- 4 Bump left hip to back again
- 5 Rock hips forward (rocking onto right foot)
- 6 Rock hips back (rocking onto left foot)
- 7 Rock hips forward (rocking onto right foot)
- 8 Rock hips back (rocking onto left foot)

KICK-BALL-TAP-TURN (1/4 TO LEFT), BOUNCE, BOUNCE, REPEAT ALL

- 1 Kick right foot forward
- & Step right foot home on ball of foot
- 2 Tap left toe behind (and in line with) right foot
- & Turn 1/4 to left with weight on balls of both feet
- 3 Bounce down on heels
- 4 Bounce on heels again
- 5 Kick right foot forward
- & Step right foot home on ball of foot
- 6 Tap left toe behind (and in line with) right foot
- & Turn 1/4 to left with weight on balls of both feet
- 7 Bounce down on heels
- 8 Bounce on heels again





牆數: 2

REPEAT