

Hot & Bothered (P)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Tina Riley (USA) & Gina Cariveau
音樂: You Feel Good - Tracy Byrd



Position: Couples start in right side-by-side position with lady on man's right side with right hands joined on lady's right side near her waist line, left hands joined in front of lady's waist. Lady and Man's footwork are the same

Thank you, Gina Cariveau for your help in making this dance come together!

STEP FORWARD TOUCH, STEP BACK TOUCH, ½ TURN TRIPLE STEP, STEP TUCK

- 1-2 Step forward right at a 45 degree angle, touch left next to right (weight stays on right)
- 3-4 Step back with left into place, touch right next to left (weight stays on left)
- 5&6 ¼ turn right stepping right, step left next to right, ¼ turn right stepping right (weight ends right)
- 7-8 Step forward left, slide and tuck right behind left (weight ends right)

Man's lead on ½ turn triple step. Pull lady with right hand toward you and push with left hand to get her to face RLOD. Arm position ends: right hands at waistline and left hand is on top of lady's left shoulder

You should be facing RLOD

GRAPEVINE LEFT, ¼ TURN LEFT, HIP BUMPS

- 1-2 Step left to side left, right crosses behind left
- 3-4 ¼ turn left stepping left, step right next to left (weight ends evenly)
- 5-6 Bump hips right twice
- 7-8 Bump hips left twice

Man's lead on ¼ turn left. Pull lady with left hand towards you and push with right hand to get her to face outside of circle. Man is behind lady at this point.

Arm position ends: both right and left hands of lady are at her shoulder height

You should be facing OLOD

RIGHT HIP ROLL (2), TAKE THREE STEPS BACK, STEP TOGETHER

- 1-2 Move hips to right and in to the right position move hips to left
- 3-4 Move hips to right and in to the right position move hips to left (weight ends left)
- 5-6 Step back right, step back left
- 7-8 Step back right, step left next to right (weight ends evenly)

Arm position ends: both right and left hands of lady are at her shoulder height

SWIVEL HEELS RIGHT, CENTER, LEFT, CENTER, GRAPEVINE LEFT, ¼ TURN LEFT

- 1-2 Swivel both heel right, swivel both heels center
- 3-4 Swivel both heels left, swivel both heels center (change weight to right)
- 5-6 Step left to side left, right crosses behind left
- 7-8 ¼ turn left stepping left, step right next to left (weight ends evenly)

Man's lead on ¼ turn left. Pull lady with left hand towards you and push with right hand to get her to face outside of circle. Man is lady's left side. Arm position ends: man hold lady's right hand at her shoulder height, and left hand is held in front of her waist line

You should be facing LOD

HIP BUMP, HIP BUMP, TAKE THREE STEPS BACK, TOUCH LEFT NEXT TO RIGHT

This is where the lady and man have different foot work

LADY

- 1-2 Push hips out, and then bump hips toward man (meaning you bump hips together)
- 3-4 Push hips out, and then bump hips toward man (change weight to right)

MAN

- 1-2 Push hips out, and then bump hips toward lady's (meaning you bump hips together)

3-4 Push hips out, and then bump hips toward lady's (change weight to right)

Footwork is the same from here:

5-6 Step back right, step back left

7-8 Step back right, touch left next to right (weight ends right)

RIGHT SHUFFLE FORWARD, ¼ LEFT, ¼ LEFT, RIGHT CROSS, LEFT POINT SIDE

1&2 Step forward left, slide right next to left, step forward left (weight ends left)

3-4 Step forward right, ¼ turn left (weight ends left)

5-6 Step forward right, ¼ turn left (weight ends left)

7-8 Step and cross right over left, point left to left side

Man's lead on both ¼ turn's left: as you step forward right drop lady's right hand and raise your left and ¼ turn left, lady is directly behind the man at this point, step forward right again, ¼ turn left, lady's go under the man's arm, pick up lady's right hand when you are facing RLOD to start the cross points

Arm position ends: Right hands joined in front of lady's waist right side, left hand is at lady's left shoulder height

You should be facing RLOD

LEFT CROSS, POINT RIGHT, RIGHT CROSS, POINT LEFT, LEFT CROSS, POINT RIGHT, STEP ½ TURN

1-2 Step and cross left over right, point right to right side

3-4 Step and cross right over left, point left to left side

5-6 Step and cross left over right, point right to right side (weight ends left)

7-8 Step forward right, ½ turn left (weight ends left)

Man's lead on ½ turn left: pull lady's left hand into you and push her right hand towards the outside circle. Man open palm spins his right into lady's right hand, as he push's her to face LOD. Lady opens your right hand when doing this ½ turn left for the lead to face LOD

Arm position ends as the same as starting position: right side-by-side position with lady on man's right side with right hands joined on lady's right side near her waist line, left hands joined in front of lady's waist

You should be facing LOD

SHUFFLE FORWARD 4 TIMES

1&2 Step forward right, slide left next to right, step forward right

3&4 Step forward left, slide right next to left, step forward left

5&6 Step forward right, slide left next to right, step forward right

7&8 Step forward left, slide right next to left, step forward left (weight ends left)

REPEAT
